

ARCHITECTURE HERITAGE and DESIGN

Carmine Gambardella

XIX INTERNATIONAL FORUM

Le Vie dei
Mercanti



World Heritage and Design for Health

ARCHITECTURE | CULTURE | HEALTH | LANDSCAPE | DESIGN |
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Carmine Gambardella
WORLD HERITAGE and DESIGN FOR HEALTH
Le Vie dei Mercanti
XIX International Forum

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Peer review

Scholars has been invited to submit researches on theoretical and methodological aspects related to Smart Design, Planning and Technologies, and show real applications and experiences carried out on this themes. Based on blind peer review, abstracts has been accepted, conditionally accepted, or rejected. Authors of accepted and conditionally accepted papers has been invited to submit full papers. These has been again peer-reviewed and selected for the oral session and publication, or only for the publication in the conference proceedings.

Conference report

300 abstracts and 550 authors from 40 countries:

Albania, Arizona, Australia, Belgium, Bosnia and Herzegovina, Brasil, Bulgaria, California, Chile, China, Cipro, Cuba, Egypt, France, Germany, Greece, India, Italy, Japan, Jordan, Lebanon, Malta, Massachusetts, Michigan, Montenegro, Montserrat, New Jersey, New York, New Zealand, Poland, Portugal, Russian Federation, Serbia, Slovakia, Spain, Switzerland, Texas, Tunisia, Turkey, United Kingdom.

WORLD HERITAGE and DESIGN for HEALTH

The innocent eye sees nothing (Ernst Gombrich)

In this particular time characterized by a pandemic due to the expansion of the Covid-19 virus throughout a globalized world, the destinies of everybody have suddenly changed behavior, lifestyles, interpersonal relationships, production methods as well as the governing of the territory; the priority of investing in the healthcare sector has become increasingly urgent and indifferent with reference to a political management of the communities that prevents and does not suffer, as unprepared, the emergencies that increasingly afflict the community. Furthermore, in these months of “quarantine”, the Planet has shown a Resilience that makes us hope for the future. A response to the Culture of Emergency, which finds its generative ground not only in the healthcare sector but also in the governance of the territory, relates to the hydrogeological aspects, pollution of soils, air, water, illegal construction, the exploitation of energy resources faced with the use of the integral of scientific and managerial skills based on meritocracy. The XIX International Forum of Study ‘World Heritage and Design for Health’ addresses the issues related to the global pandemic in a multidisciplinary and systemic logic, as indicated by the UNESCO and the United Nations 2030 Agenda for the definition of projects and concrete actions that include the Welfare and Health of the Community. Therefore, the Forum aims to create a transversal critical dialogue, open to cultural contamination and ‘without limits’, in a logic of integration between skills that extends, and is not limited to, the following disciplines: Architecture, Culture, Environment, Agriculture, Health, Landscape, Design, Territorial Governance, Archeology, Economy, History, Sociology, Security, e-Learning. The Scientific Community of the Forum is composed of about seven thousand Professors and Researchers from one hundred Universities and Research Centers in the world, from institutional representatives, from the business sector and from the representatives of the 830 UNESCO Chairs (UNITWIN Program) thanks to the WebGIS created and managed by the UNESCO Chair at the Benecon University Consortium. The location of the Forum is of excellence. Campania Region with six World Heritage Properties, two Unesco Man and Biospheres, three assets registered on the Intangible Heritage List is one of the richest Regions in the world for cultural and landscape heritage, particularly ‘contaminated’ by Mediterranean cultures. No coincidence that the Forum takes place in Naples and Capri, with site visits and presentations of scientific research and operational projects by the Benecon University

Consortium, consisting of five Italian Universities, head office of my UNESCO Chair on Landscape, Cultural Heritage and Territorial Governance. The papers, selected by the Forum's Scientific Committee, will be published in the Proceedings of international relevance (candidate to be indexed Isi Web of Science). Furthermore, the most innovative research and projects will be published in the 'Quaderni' of the A Class international magazine 'Abitare la Terra / Dwelling on Earth'.

Prof. Carmine Gambardella
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President and CEO of the Benecon University Consortium
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and Territorial Governance

WORLD HERITAGE and DESIGN for HEALTH

The innocent eye sees nothing (Ernst Gombrich)

In questo particolare tempo connotato da una pandemia dovuta dall'espansione del virus Covid-19 in un mondo globalizzato, i destini delle Persone improvvisamente sono stati modificati nei comportamenti, negli stili di vita, nei rapporti interpersonali, nei modi di produzione, nel governo del territorio; le priorità degli investimenti nel comparto Salute, diventa sempre più urgente e indifferibile con riferimento a una gestione politica delle Comunità che prevenga e non subisca, in quanto impreparata, le emergenze che sempre più affliggono la Collettività. Inoltre, in questi mesi di "quarantena", il Pianeta ha dimostrato una capacità di Resilienza che ci fa bene sperare per il futuro. Una risposta alla Cultura dell'Emergenza che trova il suo terreno generativo non solo nel campo della Salute ma nel governo del territorio per quanto riguarda gli aspetti idrogeologici, l'inquinamento dei suoli, dell'aria, dell'acqua, l'abusivismo edilizio, lo sfruttamento delle risorse energetiche affrontato con l'utilizzo dell'integrale delle competenze scientifiche e gestionali fondate sulla meritocrazia.

Il XIX Forum Internazionale di Studi World Heritage and Design for Health affronta le problematiche legate alla pandemia globale in una logica pluridisciplinare e di sistema, così come indicato dall'UNESCO e dall'Agenda 2030 delle Nazioni Unite per la definizione di progetti e azioni concrete che includano il Benessere e la Salute della Collettività. Il Forum si propone quindi di creare un dialogo critico trasversale, aperto alle contaminazioni culturali e 'senza limiti', in una logica di integrazione fra le competenze che si estende, e non si limita, alle seguenti discipline: Architecture, Culture, Environment, Agriculture, Health, Landscape, Design, Territorial Governance, Archeology, Economy, History, Sociology, Security, e-Learning.

La Comunità Scientifica del Forum è costituita da circa settanta Docenti e Ricercatori di cento Università e Centri di Ricerca nel mondo, da rappresentanti istituzionali, del settore dell'impresa e dai referenti delle 830 Cattedre UNESCO (UNITWIN Programme) grazie al WebGIS realizzato e gestito dalla Cattedra UNESCO incardinata al Consorzio Universitario Benecon.

La location del Forum è d'eccezione. La Campania con sei siti iscritti nella lista del Patrimonio Mondiale, due Man and Biospheres UNESCO, tre beni iscritti nella Lista del Patrimonio immateriale è una delle regioni più ricche al mondo per beni culturali e paesaggistici, particolarmente 'contaminata' delle culture del Mediterraneo. Non a caso il Forum si svolge a Napoli e Capri, con sopralluoghi e presentazioni di ricerche scientifiche

e progetti operativi a cura della Consorzio Universitario Benecon, costituito da cinque Atenei italiani, sede della Cattedra Unesco su Paesaggio, Beni Culturali e Governo del Territorio. I paper, selezionati dal Comitato Scientifico del Forum, saranno pubblicati negli Atti di rilevanza internazionale (candidati all'indicizzazione Isi Web of Science). Inoltre, le ricerche e i progetti più innovativi saranno pubblicati nei 'Quaderni' della Rivista internazionale di Classe A 'Abitare la Terra/Dwelling on Earth'.

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World Heritage and
Design for Health
XIX INTERNATIONAL FORUM
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WORLD HERITAGE and DESIGN for HEALTH

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Design for health in the landscapes of Southern Italy: the “Widespread Park of Knowledge and Wellbeing”

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Abstract

The paper illustrates the 'Widespread Park of Knowledge and Wellbeing' project, a system of initiatives and places scattered throughout the territory of Reggio Calabria, in a typical Mediterranean landscape, all linked to the concept of care applied to people and landscape [1].

The Widespread Park proposes a model to contrast the pathologies of the new poverty, typical of the contemporary city, based on the sharing of knowledge and the cooperative management of health as a common good and finds application in the care of the environment and of the landscape as well as man. The project experiments with the community activities of social agriculture, forms of circular economy and energy production from renewable sources, hosts opportunities for knowledge of cultural heritage and artistic performance, according to an unprecedented systemic offer for the territory.

The Widespread Park offers a landscape that holds together sustainable cultural, social and economic processes, responsible behaviour and ethical and aesthetic regeneration.

The project can be replicated in other Mediterranean territories because the formula of the Widespread Park as a permeable system can be implemented and transferred to other marginal contexts in transition towards more decisive roles for the rebalancing of cities.

Keywords: Landscape Care, Human Care, Widespread Park, Health, Wellbeing

1. Design for health

The correlation between the daily care of people and the daily care of the environment and the landscape is a principle widely shared in contemporary culture, expressed, among others, by Pope Francis in the 2015 Encyclical "Laudato si"; in the UN resolution "Transforming our world: the 2030 Agenda for Sustainable Development" (09/2015); in the Horizon 2020 axis "Health, Demographic Change and Wellbeing work program"; in the Italian pavilion at the 2016 Venice Architecture Biennale entitled "Taking Care"; in the WHO European Healthy Cities Network project; in the call "Europe in a changing world - inclusive, innovative and reflective Societies - Prize for Social Innovation in Europe".

It is now well established that health and well-being are closely integrated with lifestyles and the quality of the environment and landscape and the improvement of health and the prevention of diseases, especially chronic-degenerative diseases, cannot be separated from the improvement of quality of places of daily life and the provision of services, social and collective goods [2].

Proof of this is the Pandemic that, starting from the first days of 2020, afflicts nations and communities of the planet, determined, according to an interpretation widely shared for several years, by the "species leap" carried out by a virus that has moved from being hosted in the animal world into being guests of humankind. An anomalous behaviour, probably determined by the profound impairment of the planet's environmental qualities and the reduction of biodiversity following a development process that has profoundly altered its ecological balances [3].

This is a condition that requires a radical "paradigm shift", from an anthropocentric logic, centred on the intensive and predatory exploitation of the planet's resources, to a renewed relationship and balance

that mankind must be able to establish with the plant and animal world, with nature in all its forms and manifestations [4].

The principle of care, therefore, is particularly effective in translating this renewed relationship of man with his habitat into new attitudes and behaviour.

It goes beyond that of maintenance; if maintenance is a technical practice, the gesture of care involves the feelings of empathy, care, delicacy, respect and kindness. At the base of the treatment there is an assumption of responsibility towards a person as well as a place.

In this vision, taking care of the person coincides with taking care of the landscape in which we live permanently or which we cross temporarily, with constant and shared action. The quality of life coincides with the quality of everyday landscapes; respect for people coincides with respect for landscapes and above all for those most compromised and neglected.

2. A place of experimentation for a dynamic community

Pellaro, a town/district/suburb south of Reggio Calabria, is an appendage of land projected towards the sea, with the last foothills of Aspromonte behind it, facing the Strait, and within it fragments of bergamot groves (cultivations of precious citrus that grows only in this extreme southern land). Often beaten by lashing sirocco winds and icy mistral winds, it is a site where Greeks and Romans settled, and it could not be otherwise for the beauty of its sea and its light. Pellaro is also a typical example - of Southern Italy and contemporaneity - of a rural village hit by the rapid process of urbanization that has determined an uneven and incoherent urban structure, characterised by tall residential buildings built next to elegant rural houses and by a multitude of places without particularly apparent qualities: a disorderly urban context, with a poor supply of services and productive activities and pressing problems of a social, environmental or cultural nature.

Not only for these characteristics is the Pellaro district a privileged field of research and applied experimentation of regenerative processes, but also thanks to the presence of a community of volunteers who have decided to stubbornly defend their environmental, landscape, identity and heritage and to fight battles, sometimes almost impossible. Not only fighting urban poverty, the abandonment of cultural heritage and the illegal practices of environmental disfigurement, but also against the processes of homologation and trivialisation of contemporaneity.

In 2010 this active community of volunteers founded ACE, an association promoted by doctors which is focused on the value of solidarity medicine and concrete help towards the weakest social groups who, especially in Southern Italy, often have no way of accessing basic health care.

In a short time, the activities and initiatives of the association have expanded, involving other social and professional categories that adhere to the project; in particular, multidisciplinary research, both of a theoretical nature and of applied experimentation, are initiated from the union between doctors and architects. In addition to the issues of the health of the weakest and most exposed to diseases, the objectives of the association also include issues of the quality of the environment and the living spaces of the entire Pellaro community.

Over the years, ACE's commitment has translated into the concrete action of starting regeneration projects for abandoned buildings and spaces. These are "urban and rural waste" of a recent past which, with limited resources and self-construction practices, have been transformed into extraordinary spaces for shared, supportive and convivial life.

3. The Widespread Park of Knowledge and Wellbeing

By skilfully interpreting the vocations and potential of each individual place subject to intervention, the ACE volunteers have launched into a new cycle of life of abandoned landscapes and identifying places. A public building never used and degraded surrounded by a precious citrus grove next to a concrete stream, is today a solidarity medicine clinic frequented daily by dozens of people. A wonderful five-hectare terracing, no longer cultivated, today is a neo-rural Park where the traditional cultivation of vines, almond and olive trees have been restored and works of environmental art and thematic educational paths have been added. A small, partially completed and uninhabited building overlooking the Strait of Messina, after the restoration work of the internal and external spaces, houses the headquarters of the ACE Foundation with a study and research centre and a library, open to all, which houses valuable thematic collections of books, objects donated by private individuals, ranging from medical disciplines to Calabrian history and literature.

The whole of these places constitutes the Widespread Park of Knowledge and Wellness (Fig. 1); an open system of relationships, of meaning and significance between places, even heterogeneous from each other, scattered throughout the territory of Reggio Calabria, connected by a circular, pedestrian and cycling path of 12 km.

The Widespread Park is not a bureaucratic tool that identifies a portion of perimeter territory to be subjected to a protectionist regime as opposed to a degraded environment to be considered without interest, but rather a landscape in the making, flexible, porous, susceptible to variations and additions, extendable and modifiable over time.

The Widespread Park above all carries out actions to raise awareness of environmental issues and the quality of life, with an intense program of recreational and cultural activities ranging from the organisation of seminars and conferences on the issues of public health and urban regeneration to convivial with the consumption of Km0 products, from the constant cultivation of vegetable gardens and vineyards to the recovery of small rural artefacts or the installation of environmental artworks.

The aim is to trigger a virtuous process to involve an ever-increasing number of inhabitants of Pellaro, belonging to all social categories, in the care practices of their places of daily life, according to the model of the ACE volunteers who care, with the same dedication and passion for both people and their landscape.

The more general ambition of the project is that the process can progressively extend to other *abused* places in the Metropolitan City of Reggio Calabria. With this in mind, a new project promoted by the ACE community, in fact, started in September 2020 in the popular neighbourhood of Arghillà, a northern suburb of Reggio compared to the city centre, exactly at the geographical antipodes of Pellaro.

The Arghillà district, built in the 1980s to provide the city of Reggio with public housing, soon became a ghetto, a no-man's land, of abandonment, of widespread illegality which manifests itself also and above all in the illegal occupation of spaces and accommodation. A condition of increasing degradation, despite the extraordinary geographical location of the district which rises on a plateau overlooking the Strait of Messina, surrounded by a fertile plain with a strong agricultural vocation, especially wine.

Approximately one thousand social housing units house, according to only presumed estimates, about five thousand inhabitants of destitute and multi-ethnic families; over 50% of the houses are, in fact, illegally occupied by numerous and unstable families, therefore difficult to censor. The hygienic, health and social conditions are disastrous: piles of waste everywhere, running water only periodically, absence of public services and facilities, absence of economic and productive activities, reports of violence against minors and women, widespread illegality with illegal employment, housing also often expanded, modified or vandalised.

For years, numerous voluntary associations have been active in Arghillà carrying out exemplary work of help and assistance to people in economic and / or health difficulties. In 2009 the Coordinamento di quartiere was established in the parish, made up of associations and citizens who live both in other areas of Reggio Calabria and in the same neighbourhood, with the aim of stimulating all the inhabitants to start a virtuous path of dialogue, socialisation and legalisation, care of common goods, defence and recognition of their essential rights.

Over the years, various projects have taken place, which have started up and are in progress; among these, is also the proposal of the ACE community to create a health centre of proximity, which is always inspired by the principles of solidarity medicine, to support not only health problems, but also, and above all social problems, aimed at all the inhabitants of Arghillà.

The intervention consists of starting a new life cycle for part of a public building on the ground floor that has been abandoned and vandalised for years, assigned by the Municipal Administration of Reggio Calabria to the ACE Association. The project involves the recovery of the internal spaces, where to create ambulatory and waiting rooms, and their connection with the external spaces, where to create gardens of medicinal plants, collective gardens and spaces for convivial activities to consume the cultivated products and play areas for children with furnishings in recycled materials. The first step taken by ACE was to establish a continuous dialogue with public bodies, with the Coordinamento di quartiere and with those who, even in a personal capacity, intend to provide a concrete contribution for the start and implementation of the project, in a spirit of collaboration and sharing.

The concept of the project is that of a welcoming, listening space, open to the surrounding buildings; a space for meeting and socialising for all the varied components of the community of inhabitants; a common home that can also and above all represent a point of reference and coordination for all the associations and volunteers active for years in Arghillà. Also in this case, as in the previous ones, ACE volunteers receive funding and economic aid from foundations and private citizens who only partially cover the costs of carrying out the interventions. Much of what is planned and implemented is instead due to the commitment and concrete and free work of the many volunteers who actively participate in the initiatives.

The nearby health centre of Arghillà, inaugurated in February 2021, constitutes a further piece that is added to the previous ones in the masterplan of the Widespread Park, significantly increasing the range of actions of the project in the territory of the Metropolitan City of Reggio Calabria.

Parco Diffuso della Conoscenza e del Benessere

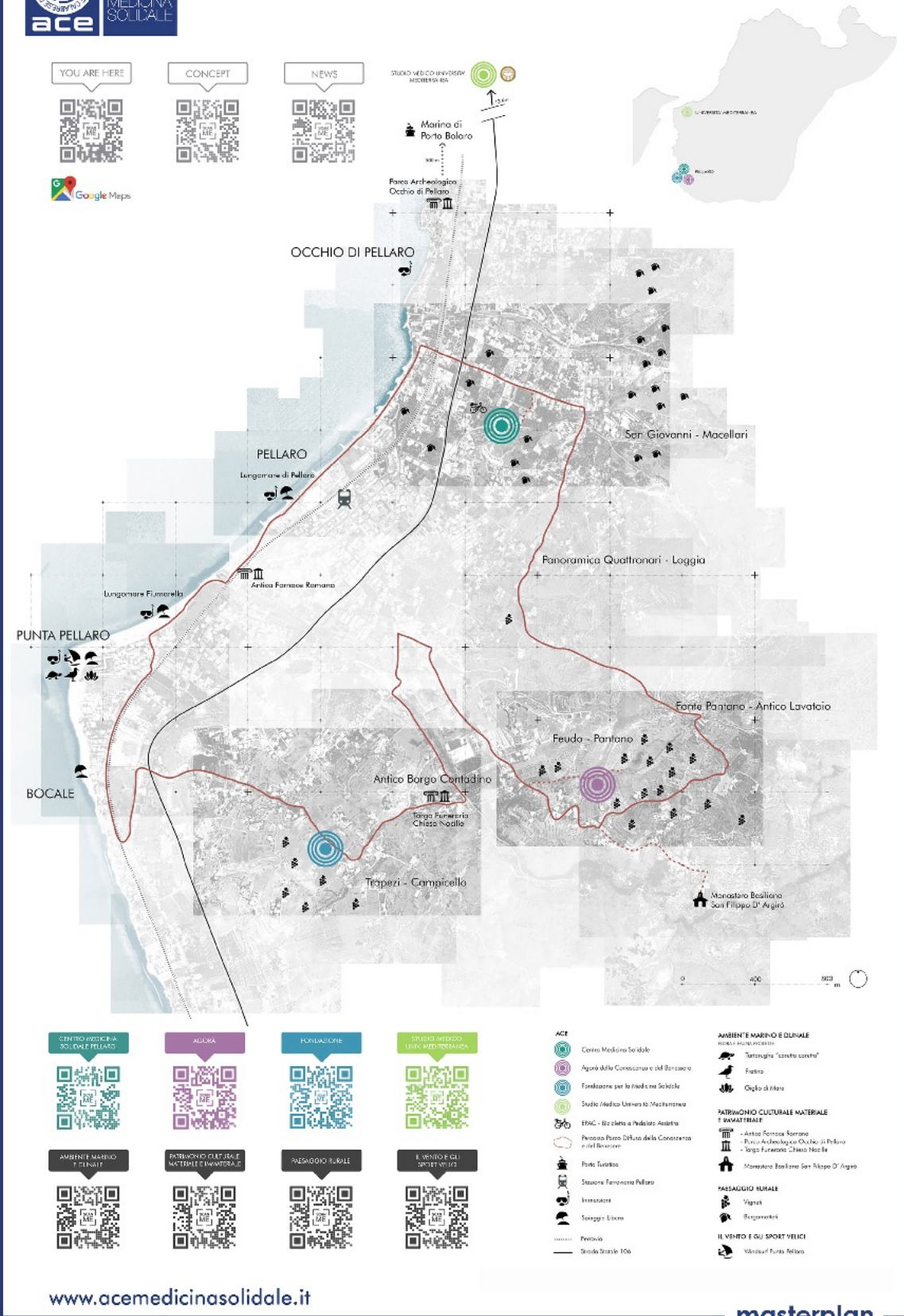


Fig. 1: Widespread Park of Knowledge and Wellbeing masterplan.

4. Main objectives of the Project and results obtained

With the Widespread Park of Knowledge and Well-being, we want to propose a model of 'treatment' of the pathologies of the new poverty, especially typical of the marginal areas of the contemporary city, based on the sharing of knowledge, on the cooperative management of health as a common good, a culture of solidarity, which finds its application in the 'care', as well as man, of the environment, the landscape and the cultural and identity heritage.

The main purpose of the Park, therefore, is to offer the community of inhabitants a set of places (medical clinic, research centre and library, social gardens and cultural spaces) for activities (presentation of books, artistic performances, multidisciplinary seminars), services (medical, social, solidarity), products (popular and scientific publications) in which to seek physical and mental well-being and, at the same time, an opportunity to assume responsibility towards one's own living space through the gesture of the cure.

The treatment model proposed by the diffuse Park has launched a participatory process close to the real conditions of fragility, not only linked to health, but also social and cultural, of the marginal fringes of the city and has promoted a network that involves individual citizens, families, associations and institutions.

In addition to providing about 1200 monthly specialist services (dedicated to chronic-degenerative diseases, psychological distress of children and adolescents, eating disorders, diseases more present in degraded environments) in the Solidarity Medicine Centre and in the university clinic. The Park offers study and co-working spaces and a library with over 2000 volumes and a section dedicated to Calabrian culture within the Observatory which hosts constant moments of multidisciplinary discussion, with free access. In both cases, it was decided to recycle existing buildings which was followed, over time, by the spontaneous regeneration of the surroundings.

A 5-hectare terracing has been recovered which houses traditional crops, convivial spaces, social farming activities, temporary and permanent artistic performances, screenings, educational paths, all for free use and participation by the community.

The Park has promoted various editorial initiatives and stimulated scientific and popular publications on the theme of the relationship between health, well-being and landscape quality (Fig. 2, 3).

5. Exemplarity and sustainable territorial development

The inspiring principles of the Widespread Park are consistent with the sustainability objectives proposed by the guidelines of the Strategic Plan of the Metropolitan City of Reggio Calabria (which signed the Bologna Charter in 2017) especially that of social inclusion in terms of reducing the marginality of suburbs and recognition of the natural, historical and landscape components as characterising values of the metropolitan identity.

The project, which is constantly evolving, makes it possible to transfer and consolidate the value of caring for the environment, landscape, cultural heritage and identity in the community as a collective action towards a common good, on a par with the right to health. It also experiments with the community activities of social agriculture oriented towards healthier lifestyles and correct eating habits, circular economy forms and energy production from renewable sources in respect of exogenous resources, stimulating innovative actions to promote the landscape, hosting scholars, artists and their works. It is a shared project generated by a participatory path which is always open to contributions that will come from associations, public bodies, scholars, researchers, citizens and visitors.

By initiating new life cycles of artefacts and abandoned spaces, the project inspires reactive processes in the community previously addicted to decay. The Widespread Park, therefore, encourages responsible attitudes and promotes sustainable cultural, social and economic processes, as well as ethical and aesthetic regeneration.

Specifically, the Widespread Park formula (intended as a permeable, evolving, flexible system that welcomes implementations and in-depth studies) also substantiates its replicability; it is a transferable model - with the necessary additions and/or corrections - in other territorial contexts, not only in the Metropolitan City of Reggio Calabria itself but in general, in the marginal areas in transition towards more decisive roles for the rebalancing of urban agglomerations.

Finally, the project encourages the sharing of knowledge for the development of a collective critical capacity especially towards the responsible consumption of common goods, the redetermination of community relations in the name of reciprocity and solidarity, the promotion of a renewed sensitivity towards relationships between quality of life, health, and landscape quality. It promotes an unprecedented model of social commitment that counters urban and environmental degradation by proposing a systemic logic that goes in the direction of the principles of 'care for the common home' and 'integral ecology' enunciated by Pope Bergoglio.



Fig. 2: Photographic atlas of the Widespread Park.

6. Public awareness and participation

The project has made use, in all its phases, of the constant comparison with the associations operating in the area. They are indispensable to mirror the real picture of the needs of the community, with the public bodies that have supported the bureaucratic and administrative processes necessary for its implementation, becoming part of it. active with technical support, from the Mediterranean University which, through the commitment of some professors and researchers of the Architecture, Landscape and Cultural Heritage area, has provided constant scientific support and with the Academy of Fine Arts for the realisation of environmental artworks.

Transparency in the public transfer of results and initiatives and the invitation to participate is also ensured by the constant updating of the site, by the interactive map of the Widespread Park present in different parts of the city, by the multidisciplinary scientific and educational production.

The constant dialogue with the municipal and metropolitan administrations as well as with the Mediterranean University also ensures that the founding principles of the project are always consistent with local governance policies and with the National Sustainable Development Strategy and the objectives pursued adhering to the national and international scientific debate on the landscape project as a tool to combat social inequalities.

For this reason, the Park, in addition to proposing a health model conceived on prevention and healthy interaction with the living environment, hosts constant public activities such as the annual collective harvest of the autochthonous vineyard (once abandoned and recovered thanks to activities of social agriculture), the ecological days combined with the knowledge of the architectural and archaeological emergencies visible along the paths that unite some nodes of the Park. In addition the social inclusion paths directly connected to landscape care actions, the opportunities for cultural comparison (presentation of books, multidisciplinary seminars, screenings) which are otherwise difficult to access for peripheral communities. The Park, therefore, increases the critical capacity of the community in becoming aware of the frequent condition of degradation of the marginal areas, of the right to individual and collective well-being and of the opportunity to pursue it through a model of man/landscape rebalancing already experimented in other national and European contexts.

The community of the Park, and its supporters, is constantly expanding.

7. The community at the center

The experience of the Widespread Park of Knowledge and Wellbeing teaches us that the conditions exist today for an active involvement of the inhabitants in the processes of urban and landscape regeneration. In fact, we are witnessing the rapid spread, even in precarious and degraded contexts, of a growing sensitivity of the correlation between quality of life and personal well-being, with the quality of common goods and landscapes of everyday life. In the most critical conditions, even in areas where there is a frequent propensity for illegality and informal occupation or alteration of places, there are innovative and significant experiences in terms of new models of sociality and urbanity.

Paradoxically, where the most difficult and apparently hostile conditions exist, the experimentation of innovative models centred on the "care of the common home" [5] becomes even more effective and incisive than in more consolidated and ordinary contexts. The active involvement of communities is above all motivated by the observation that very often the inhabitants are bearers of new urban meanings and values and mirror a social dimension that perceives, before the institutions responsible for the governance of the territory, needs and problems and suggests with more rapidity, answers and solutions "[6].

It is therefore a question of channelling that enormous resource of energy and ideas of the populations of the South into virtuous, collective and shared care activities; those same resources which, if ignored, or worse opposed, too often end up finding an outlet in solitary works of destruction and abuse.

The formula of the Widespread Park therefore, wants to be above all the experimentation of an unprecedented model centred on a principle: urban and environmental degradation cannot be addressed in a point-like manner but rather with a network and system logic that takes into account the social context, cultural, environmental and economic and involves various actors, both public and private, with the widest possible involvement. In fact, in order to trigger a virtuous process of change from the current unfavourable condition of degradation of some territories in transition from the role of suburbs to that of a metropolitan area, a short circuit is necessary. It needs a creative step capable of generating a new model of urbanity and an approach that is also visionary and imaginative, which is realised starting from the specificities of the places and communities settled [7].

The strategy of the diffused Park is based on this principle: the community - plural, multicultural, multi-ethnic - is at the centre of the scene and is to be considered the true protagonist and advocate of its own well-being and future. The project Widespread Park of knowledge and wellbeing of Reggio Calabria, presented by the Calabrian Association of Hepatology Onlus, received a recommendation for the National Landscape Award 2021. The recognition was announced by the Minister of Culture on March 14, on the occasion of National Landscape Day.

As part of a common drafting of the paper, the abstract and chapter 7 were collectively conceived by the two authors, chapters 1,2,3 are to be attributed to Vincenzo Giofrè, chapters 4, 5, 6 are to be attributed to Chiara Corazziere.

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Fig. 3: Widespread Park, environmental sculpture called 'Tribute to Don Quixote'.

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