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J. Phys. Chem. Lett., **Just Accepted Manuscript** • DOI: 10.1021/acs.jpcllett.9b03563 • Publication Date (Web): 16 Jan 2020

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Fusion pores live on the edge[†]

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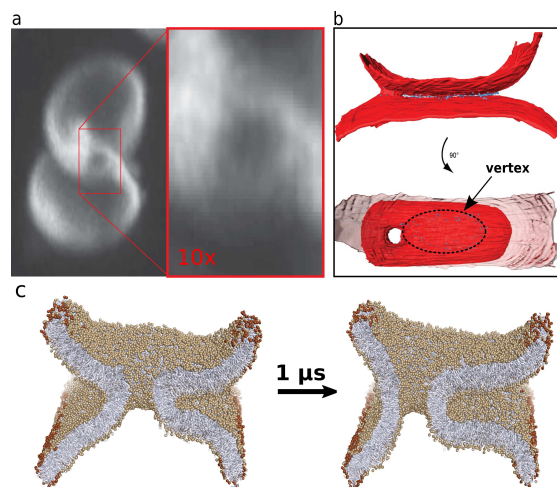
Abstract

Biological transmission of vesicular content occurs by opening of a fusion pore. Recent experimental observations have illustrated that fusion pores between vesicles that are docked by an extended flat contact zone are located at the edge (vertex) of this zone. We modeled this experimentally observed scenario by coarse-grained molecular simulations and elastic theory. This revealed that fusion pores experience a direct attraction toward the vertex. The size adopted by the resulting vertex pore strongly depends on the apparent contact angle between the adhered vesicles even in the absence of membrane surface tension. Larger contact angles substantially increase the equilibrium size of the vertex pore. Since the cellular membrane fusion machinery actively docks membranes, it facilitates a collective expansion of the contact zone and

[†]A footnote for the title

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3 increases the contact angle. In this way, the fusion machinery can drive expansion of
4 the fusion pore by free energy equivalents of multiple tens of $k_B T$ from a distance, and
5 not only through the fusion proteins that reside within the fusion pore.
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10 Biological membrane fusion proceeds via the opening of a fusion pore to release vesicular
11 cargoes that are vital for many biological processes, including exocytosis, intracellular traf-
12 ficking, fertilization, and viral entry. Electron cryo-tomography (cryo-ET) observations of *in*
13 *vivo* fusion events in synapses¹ and yeast cells² suggest that fusion is preceded by close ap-
14 position of the two membranes, which for larger vesicles (> 100 nm) results in the formation
15 of an extended flat contact or docking zone.³ Subsequent fusion is thought to occur at the
16 highly curved membrane perimeter of the contact zone – the vertex.^{3,4} Indeed, cryo-ET of
17 reconstituted mitochondrial fusion as well as fluorescence microscopy studies of yeast vacuole
18 fusion revealed fusion pores that are located at the vertex, see ref.^{2,5} and Fig. 1.
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44 Figure 1: Vertex fusion pores in membrane fusion. (a) Stacked tomography imaging of the in-
45 vivo fusion reaction between two yeast vacuoles (adapted from²). (b) Cryo-electron tomography of
46 the adhesion zone formed in reconstituted mitochondrial fusion (adapted from⁵). (c) A centrally
47 located pore formed between two curved lipid membrane sheets undergoes spontaneous symmetry
48 breaking in a coarse-grained molecular dynamics simulation (see supplementary movie). The dark
49 brown colored beads indicate immobilized beads, which spatially constrain the free membrane ends
50 (see SI and Fig. S4)
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54 *Pores are intrinsically attracted toward the vertex.* The physical principle underlying
55 ‘vertex pores’ can be illustrated from a coarse-grained molecular simulation of two curved
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3 membrane sheets, which are being connected by a centrally located fusion pore (see *SI* for
4 details). Rather than symmetrizing membrane curvature at both sides of the pore, such a
5 system ‘escapes’ into a highly asymmetric shape by adopting an off-centered location – a
6 vertex pore (see Fig. 1c). Attraction toward the edge is in our example explained by a
7 strong, favorable reduction in membrane curvature at the left side of the pore, whereas the
8 curvature at the opposing side remains rather conserved. Symmetry breaking, i.e. location
9 near the edge, thus provides a net free energy gain. A fusion pore – if not being nucleated at
10 the vertex – will thus become captured at the vertex after having diffused to this location.
11 However, quite in contrast to the stereotypical model of an axial symmetric fusion pore, a
12 ‘vertex pore’ is not characterized by axial symmetry because of the varying membrane cur-
13 vature along its circumference. The consequences of such an altered architecture/symmetry
14 on pore size have remained unexplored.

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31 A large amount of both theoretical work (e.g., continuum elastic models and molecular
32 simulations),^{6–15} and experimental observations (e.g., patch-clamp experiments and Cryo-
33 EM tomography)^{2,5,16–19} have substantially advanced our understanding of the structure,
34 composition, location, dynamics and energetics of fusion pores. Irrespective of their topol-
35 ogy, fusion pores in living cells are likely to be neither protein channels nor purely lipid, but
36 are probably proteo-lipidic hybrid structures.^{16–19} Fusion proteins such as SNAREs and asso-
37 ciated tether complexes are integrated into them and play an active role in the opening and
38 dynamics of the fusion pore via steric, entropic and electrostatic forces.^{19–22} An expansive
39 radial force on the pore originates from the crowding of proteins at the pores circumference.
40 The proteins must be part of the pore (a proteolipidic pore) in order to influence pore size
41 in this way. The architecture/structure of a vertex pore *additionally* depends on the (effec-
42 tive) contact angle at the contact zone (Fig. 2). Here, we will illustrate that this contact
43 angle determines the equilibrium size of the vertex pore. The important consequence of
44 this principle is that docking mediators such as Mitofusins, SNAREs and associated tether
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complexes, which determine the size of the contact zone and hence the contact angle, can influence fusion pore dynamics not only when being directly integrated into the pore, but they can also impose an additional distal influence on the pore.

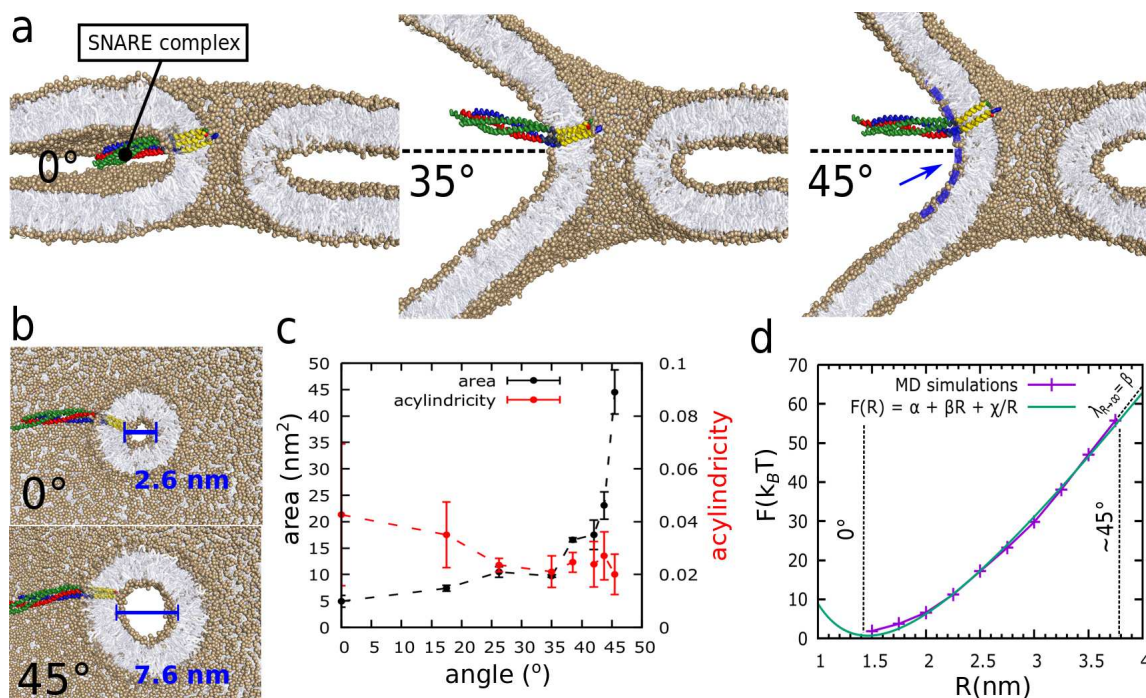


Figure 2: Molecular dynamics simulations of the vertex fusion pore under different contact angles. The depicted SNARE complex indicates the length scale. (a) Final states of the system (after 2 μ s) under effective contact angles of 0°, 35°, and 45°. The blue dashed line indicates the induced axial asymmetry of the pore's circumference. (b) Corresponding top-view of the fusion pore. (c) Area and Acylindricity ($\in [0, 1]$) of the fusion pore as a function of contact angle. Acylindricity values close to zero indicate that the pore adopts a perfect circular shape. The error bars are the (statistically independent) standard errors derived by ensemble block averaging. (d) Free energy cost associated with the radial expansion of a free, symmetric pore ($\theta = 0^\circ$). Adopting a pore area of 45 nm² (a radius of $\simeq 3.8$ nm), i.e. the native pore size at $\theta = 45^\circ$, requires a free energy equivalent of about 55 $k_B T$. The shape of $F(R)$ is qualitatively described by the function, $F(R) = \alpha + \beta R + \frac{\gamma}{R}$.

Vertex attractions inherently facilitate pore expansion. Since it is virtually impossible to experimentally discern the intrinsic contribution of the contact angle from a potentially present membrane tension, we reconstructed a coarse-grained molecular simulation model of an edge fusion pore located at the perimeter of an extended docking zone (see Fig 2a). Tension-less membrane conditions were ensured by breaking the periodicity along the x -

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3 dimension; which enables the membranes to freely adopt area. To study a specific effective
4 contact angle θ , we employed an external field to enforce the membranes to adopt a desired
5 angle with respect to the contact zone (see SI for technical details). In this procedure, we
6 started from a system comprised of two flat membranes where a small stable fusion pore
7 (area of $\sim 5 \text{ nm}^2$) is already present. Then, we gradually increased the contact angle. From
8 this trajectory we extracted different contact angles which we independently studied by a
9 long equilibrium run ($2 \mu\text{s}$) at constant contact angle. Fig. 2b, c shows the equilibrium
10 size of the fusion pore as a function of contact angle. Surprisingly, at $\theta > 30^\circ$ the area of
11 the meta-stable pore steeply increases up to 9-fold in size ($5 \text{ nm}^2 \rightarrow 45 \text{ nm}^2$) at $\theta = 45^\circ$.
12 Conveniently, the free energy F required to expand a symmetric fusion pore ($\theta = 0^\circ$) to a
13 radius R can be extracted from our molecular simulations by enforcing a radial expansion
14 of the pore via an applied external field, and extracting the average, responsive force, $\frac{dF}{dR}$,
15 acting against that field (see Fig. 2d). Intriguingly, a 9-fold expansion of a symmetric fu-
16 sion pore ($\theta = 0^\circ$) would require a free energy equivalent of more than $50 k_B T$. Thus, the
17 vertex provides a substantial driving force for pore expansion. Alternatively, pore size may
18 be enhanced by binding of a voluminous protein complex such as, e.g., the HOPS complex
19 near the fusion pore.²³ Within such a scenario expansion occurs when the effective spherical
20 size of a nearby complex is above a size of $\sim 20 \text{ nm}$ (Fig. S9), which can be attained by
21 common SNARE-associated protein complexes.^{24,25}
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43 *Thermodynamic description of a fusion pore.* A fusion pore adopts a thermodynamically
44 stable size because of a force balance along its circumference, $2\pi R$. The free energy of the axi-
45 ally symmetric fusion pore can be expanded in terms of R as: $F(R) = \alpha + \beta R + \frac{\gamma}{R} + \frac{\delta}{R^2} \dots$ ($R >$
46 0). Constant terms within the free energy (α) can be omitted. This expansion directly fol-
47 lows from the fact that the contribution of one of its principle radii to the free energy must
48 vanish when the pore becomes large. In that regime, $F(R)$ linearly increases with the length
49 of the interface, $F(R) \propto R$ ($R \gg 0$) because the line tension, being thermodynamically
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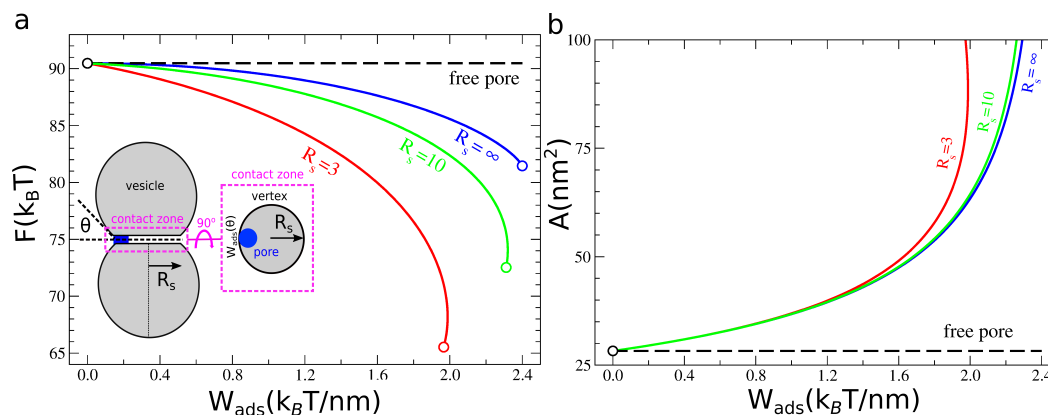


Figure 3: Vertex attractions drive pore expansion. (a) Free energy of the vertex pore as a function of edge attractions. (b) The corresponding equilibrium area of the pore. The dashed black line ('free pore') illustrates the value of a common fusion pore (no vertex attractions). The size of the contact zone is in reduced units: $R_s = 3$ (12.7 nm) and $R_s = 10$ (42.4 nm).

defined as $\lambda_R = \frac{1}{2\pi} \frac{dF}{dR}$, becomes constant, therefore $\lambda_{R \rightarrow \infty} = \frac{\beta}{2\pi}$. The competition between the *contractive* linear term ($\lambda_{R \rightarrow \infty}$) and the *expansive* rigidity term(s) gives rise to a force balance: A free energy minimum which determines the equilibrium size of the pore. In regular membrane pores where the contractive forces is dominant such a free energy minimum is extremely shallow and pores are either unstable or short-lived.²⁶ Fig. 2d illustrates that inclusion of the first 'rigidity' term ($\frac{\gamma}{R}$) suffices to qualitatively describe the free energy associated with fusion pore expansion. This justifies the thermodynamic description of a three-dimensional fusion pore by an enclosed contour (a two-dimensional vesicle) whose size and shape is understood from a balance between the contractive force, $\lambda_{R \rightarrow \infty, \theta=0}$, and the bending rigidity, $\kappa_{2D} = \frac{\gamma}{2\pi}$ (see *SI*).

Why vertex attractions impose expansion. Since a larger contact angle enables the vertex pore to relax its curvature stress at least on one side, it translates into a stronger vertex-attraction. This attraction is effectively modeled by the force, W_{ads} . Vertex pore formation is analogous to the adhesion of a 2-dimensional vesicle (the pore) to a curved substrate (the vertex).^{14,27,28} The shape equations corresponding to this variational wetting problem were solved numerically (see *SI*). Fig. 3 illustrates that edge attractions push the force balance

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3 towards larger pore sizes, in correspondence with the molecular simulations. The vertex
4 attraction W_{ads} locally compensates for the intrinsic contractive force acting on the pore's
5 circumference, being $\lambda_{R \rightarrow \infty, \theta=0}$. Evidently, even a local, asymmetric release of bending en-
6 ergy already suffices to expand the pore. By consequence, axially symmetric fusion pores
7 are expected to expand when the distance between the two opposed membranes increases,
8 because of a global, symmetric release in bending energy.⁷ Decreasing the radius of the ver-
9 tex R_s below a microscopic size – thereby better matching the pore's native circular shape
10 – further increases pore growth. This suggests that the expected pore growth is stronger in
11 smaller vesicles, such as SUVs and synaptic vesicles, because of a smaller contact zone, given
12 that the (apparent) contact angle between the adhered vesicles is similar. Finally, modeling
13 the vertex as an attractive hard wall induces deformation of the pore when interacting with
14 the vertex (see *SI*). The observation of a circular pore in the molecular simulations therefore
15 rather indicates that vertex interactions are soft.
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31 *Vertex pores in vivo.* A remaining question is whether vertex attractions also significantly
32 affect pore expansion *in vivo*, for which we should expect contact angles $\theta > 30^\circ$. Based on
33 the microscopic observation of docked yeast vacuoles,² we estimated a contact angle of about
34 50° (see Fig. S10). However, it is challenging to directly relate the microscopically observed
35 contact angle in experiments with the here-reported nanoscopic, apparent contact angle.²⁹
36 Fortunately, these nanoscopic contact angles are directly transferable into a concomitant
37 adhesion free energy per unit area (a surface tension), σ , via the relationship $\sigma_\theta = \frac{\kappa}{2R_\theta^2}$,²⁹
38 with κ being the bending modulus ($\sim 20 k_B T$) and R_θ the radius of adhesion – the mem-
39 brane curvature (radius) at the point of intersection with the contact zone (see Fig S11 and
40 S12). We find $R_{\theta=35} \sim 80 \text{ nm} \rightarrow \sigma_{\theta=35} = 1.6 \times 10^{-3} k_B T/\text{nm}^2$ and $R_{\theta=45} \sim 40 \text{ nm} \rightarrow$
41 $\sigma_{\theta=45} = 5.8 \times 10^{-3} k_B T/\text{nm}^2$. Thus, we predict that the protein-mediated adhesion/docking
42 of membranes must yield $1.6 \times 10^{-3} k_B T/\text{nm}^2$ or $6.6 \times 10^{-3} \text{ mN/m}$ ($1 k_B T/\text{nm}^2 = 4.114$
43 mN/m at 293K) to substantially contribute to the free energy of the fusion pore via vertex in-
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3 teractions. This value represents a common adhesive interaction between lipid membranes³⁰
4 and can be experimentally determined via micropipette aspiration.^{30,31} Since the direct con-
5 tribution of this adhesive interaction to the pore's free energy is approximately, σA ,^{7,12} its
6 intrinsic effect on equilibrium pore size is small ($< 1 k_B T$).
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13 A compelling amount of evidence suggests that fusion proteins actively contribute to the
14 expansion of a formed fusion pore.¹⁹⁻²² Such a pore expansion can be driven by entropic
15 repulsions between fusion proteins integrated within the pore.²⁰ As shown here, vertex at-
16 tractions offer an additional and perhaps surprising mechanism, by which also distal fusion
17 proteins can substantially contribute to the expansion of the fusion pore via a collective ex-
18 pansion of the contact zone. Furthermore, our work strongly suggests that the 'black holes'
19 recently observed in yeast vacuole fusion assays, i.e. sub-nanometer sized fusion pores that
20 are too small to allow passage of soluble dye molecules, are not explained by their observed
21 vertex location.² Since vertex attractions are rather expected to increase the size of a fusion
22 pore, 'black holes' must be due to the presence of an additional, dominant contractive force
23 on the fusion pore in docked yeast vacuoles. For example, the presence of electrostatic attrac-
24 tions between net charged lipid species, protein residues and ions inside the pore.¹⁶ Finally,
25 popular experimental assays for studying the conductance of the fusion pore are based on the
26 fusion reaction between nanodiscs and membranes.³² Nanodiscs are comprised of a peptide
27 or polymer capped free membrane edge that introduces a spatially heterogeneous membrane
28 environment analogous to the vertex of the docking zone. Therefore, the free energy of the
29 fusion pore may dependent on its location within the disc. Since 'edge attractions' increase
30 pore size regardless of the edge's structural nature (Fig. 3), it is a relevant question whether
31 the fusion pore formed in larger nano discs (> 20 nm) preferably locates near the rim (edge
32 attraction) or whether it adopts a central location (edge repulsion).
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Acknowledgement

HJR acknowledges the Life@nano excellence initiative (state of Lower Saxony) and the NWO Vidi scheme for funding. AM has been supported by the SNSF (31003A_179306). The HLRN Berlin/Hannover & NWO SURFsara (the netherlands) are acknowledged for computational resources.

Supporting Information Available

The SI provides additional simulations and calculations. The supplementary movie shows how a centrally located fusion pore breaks its symmetry.

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