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Exploring gender differences in the Italian traditional pizza consumption

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Summary: The studies on gender differences in food consumption have experienced a deep and remarkable development from several perspectives. Many studies have been addressed to highlight whether differences exist among males and females in purchasing behaviors or consumption for specific food products but no study on pizza consumption segmented by gender has been carried out. This study evaluates gender differences in the consumption of traditional Italian pizza. For this purpose, a quantitative study was conducted on a representative sample of Sicilian pizza consumers. Our findings showed that there exist any gender differences in pizza consumption that appear to be strongly related to preferences for sensory attributes such as “smell”, “appearance”, “crunchiness” as well for “price”. Our findings show that gender differences can significantly influence the buying process of this traditional Italian food, and they have important implications for the food industry since gender differences should be taken into account in new formulation and characterization of pizza.

Key words: coffee, hedonic evaluation, tea, triangle test, willingness to pay.

JEL codes: L83, L95, M31

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II

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1. Introduction

The studies on gender differences in food consumption have experienced a deep and remarkable development from several perspectives. A strand of literature explored gender behavior linked to social and psychological issues, observing difference in “charitable giving, bargaining, and household decision making” (Andreoni & Vesterlund, 2001) as well as in generosity (Cox & Deck, 2006), in impulse purchase (Dittmar *et al.*, 1995) and in social preferences (Croson & Gneezy, 2009).

Concerning agro-food sector, several studies have been addressed to highlight whether differences exist among males and females in purchasing behaviors or consumption for specific food products (Allegra *et al.*, 2012; Lanfranchi *et al.*, 2017) and even for locally produced food (Girgenti *et al.*, 2016; Bazzani *et al.*, 2017; Giampietri *et al.*, 2018). Differences between males and females in researches that related gender to food were found by Rappoport *et al.* (1993). Several later studies on gender differences argued that females have been frequently reported to engage in far more health-promoting behaviors than males and to obtain healthier lifestyle patterns (Arganini *et al.*, 2012). Regarding eating habits, many studies indicate that females are more aware about diet and health-diet relationship implications and also embrace suggested dietary changes to a greater degree than males (Barker *et al.*, 1995; Courtenay, 2000; Friel *et al.*, 1999; Girois *et al.*, 2001; Thiele & Weiss, 2003). Fagerli & Wandel (1999) discovered that females possess greater knowledge than males of the effects of food on health.

Studies conducted in modern western societies report consistent associations between gender and specific foods, where meat (especially red meat), alcohol, and big portion sizes are associated with masculinity, while vegetables, fruit, fish and sour dairy products are associated with femininity (Arganini *et al.*, 2012; Lassen *et al.*, 2016). In a Pan-EU survey of 14331 subjects, female respondents perceived that “quality/freshness”, “price”, “trying to eat healthy” and “family preferences” were the most important influences affecting food choice, whereas “taste” was the most frequently selected factor affecting food choice of male respondents (Lennenäs *et al.*, 1997). In a different study, females have been reported to be more likely than males to mention more vegetables or less fat or balance as a part of a healthy diet (Margetts *et al.*, 1997).

One possible mechanism for the gender-specific patterns of healthy food choices might be related to nutritional knowledge. Several studies have reported gender differences in the knowledge nutritional information (Crawford & Baghurst, 1990; Tate & Cade, 1990; Parmenter *et al.*, 2000; Kiefer *et al.*, 2005; Prattala *et al.*, 2006), supporting the hypothesis that differences in awareness could contribute to gender differences in intake

(Arganini *et al.*, 2012). There is a consistent body of literature (Wardle *et al.*, 2000; Liebman *et al.*, 2001; Wardle & Griffith, 2001; Afifi-Soweid *et al.*, 2002; Kostanski *et al.*, 2004; Johnson & Wardle, 2005) that clearly indicates that there are important gender differences in weight concern and body self-perception. Weight control/body perception are known to influence food choice decisions, mainly in females (Glanz *et al.*, 1998; Goode *et al.*, 1995; Rozin *et al.*, 1999).

Females seem to have more positive attitudes towards local foods than males. Therefore, females may be more willing to purchase and pay for local foods (Gracia *et al.*, 2012). Gender is one of the most relevant factor that affects consumption of organic products (Gil *et al.*, 2000; Rimal *et al.*, 2005; Napolitano *et al.*, 2010; D'Amico *et al.*, 2016) and the main reason for organic food consumption in females is eating a healthy diet, in males it is a social function and to a lesser degree, comes from respect for the environment (Olivas *et al.*, 2012). Moreover, males and females were found to attach different degrees of importance to some attributes related to purchasing decisions on fresh fruit and vegetables. Akpinar *et al.*, (2009) found statistically significant relationship between gender and fresh fruit and vegetables attributes like taste, smell, display and the shopping environment.

Despite several studies have been conducted on gender differences in food consumption, characterizing factors that determine gender differences as well as new methods for constructing a survey instrument and organizing data analysis, remains an unresolved issue and it appears still relevant to better understand differences between males and females in food consumption. The consumption of pizza is currently spread in all over the world but in its original Italian formulation, pizza it is commonly made with tomato, sliced mozzarella, salt, extra-virgin olive oil, wheat flour type "0", brewer's yeast, and drinkable natural water, and it consists of flatbread topped baked in an oven with tomato sauce and mozzarella. Pizza, in its traditional Italian recipe, represents one of the most important street food as well as restaurant food and it is widespread in all socio-economic classes of Italian community. So far, few studies have analyzed how qualitative attributes affect the consumption of pizza (Di Vita *et al.*, 2016a). A recent study observed the qualitative profile of pizza, as perceived by the Italian consumer, and it highlighted the preference of consumers for buying fresh and hand-crafted pizza, preferably prepared with organic ingredients and with a normal calories content (Di Vita *et al.*, 2016b).

As a consequence, to the knowledge of authors, no study on gender differences of the attributes that affect the consumption of pizza has been carried out. However, knowing how gender differences can affect the consumption of pizza could have important implication for actors involved

Gioacchino Pappalardo, Giuseppe Di Vita, Giovanni La Via, Severino Romano et al.

in pizza sector since the adoption of marketing strategies explicitly related to the consumer gender can increase consumers' demand for pizza. For this purpose, in this paper we aim to explore factors affecting gender differences in the consumption of pizza by interviewing a sample of consumers in Sicily (Italy) during the second semester of 2016.

2. Procedure

A quantitative study was conducted in the city of Catania located in the Italian region of Sicily in 2016. With the purpose of assessing gender differences related to attributes for traditional Italian pizza's consumption, a structured questionnaire was administered through face to face interviews to a sample of 202 regular consumers of pizza which were randomly selected to achieve balanced socio-demographic characteristics. We considered "regular consumers" those who buy pizza at least three times a month. A specific questionnaire containing closed-ended questions was designed. The questionnaire was organized into three main sections. The first section asked about the main food habits of consumers with respect to motivation, consumption frequency, eating behavior and place of purchase of pizza. The second part focused on sensory aspects, extrinsic attributes and healthy characteristics of pizza. The final part of the questionnaire collected data on the social and economic characteristics of the interviewees. Data were collected as follows: 60% of the sample were interviewed at large retail stores, while the remaining 40% were interviewed at pizzeria restaurant.

To identify the relative importance given by consumers to qualitative attributes of pizza, respondents were presented with a list of 13 qualitative attributes of pizza (Table 1).

These attributes were identified through preliminary focus groups held at traditional pizza restaurants, and a group of selected consumers was invited to express their attitudes for Margherita pizza consumption linked to eating habits, shopping places, frequency, as well as to the most important sensory attributes such as colour, wheat typology, price, method of production, and so on. These focus groups allowed to identify broad items in the pizza consumption. In addition, to identify the main attributes of pizza, we have revisited the existing literature on food values associated with food consumption (Gutman, 1992; McCluskey *et al.*, 2005; Lusk and Briggeman, 2009; Lusk, 2011; Adjala *et al.*, 2013; Pappalardo and Lusk, 2016). Participants were asked to rate their opinion for these attributes based on 7-point Likert-type scale, ranging from "not important" to "very important" (1 = not important, 7 = very important).

Table 1 - Qualitative attributes and other explanatory variables employed in the analysis

Variable	Description	Type (1)
Taste	Extent to which consumption of pizza is appealing to the senses	Cat
Smell	Extent to which pizza smells like	Cat
Colour	The quality of pizza of producing different sensations on the eye	Cat
Package	How pizza is packed and wrapped or boxed	Cat
Crunchiness	Extent to which pizza is crunchy	Cat
Softness	Extent to which pizza is easy to cut, compress, or fold	Cat
Sapidity	Extent to which pizza has a strong pleasant flavor	Cat
Italian Flour	The use of Italian flour for making pizza	Cat
Price	The price that is paid for pizza	Cat
Low environmental impact	Effect of pizza production on the environment	Cat
Local raw materials	The use of local raw materials for making pizza	Cat
Food safety	Extent to which consumption of pizza will not cause illness	Cat
Nutritional content	Extent to which consumption of pizza is nutrient	Cat
Age	18-70	Continuous
Gender	1 if female, 0 if male	Dummy
Education	0 = None 1 = Elementary 2 = Medium 3 = Diploma 4 = Degree	Cat
Income (monthly)	1 less than € 1,000 2 from €1,001 to €1,500 3 from €1,501 to €2,000 4 from €2,001 to €3,000 5 from €3,001 to €4,000 6 from €4,001 to €5,000 7 more than €5,000	Cat

(1) Variable typology: Cat: Categorical

Gioacchino Pappalardo, Giuseppe Di Vita, Giovanni La Via, Severino Romano et al.

Initially, coupling gender of respondents and score of the relative importance assigned to the qualitative attributes, we assessed gender differences in consumption of pizza. Specifically, to identify gender differences in consumption of traditional Italian pizza we assessed gender differences for the attributes reported in Table 1. For this purpose, we adapted the procedure adopted by Missagia *et al.* (2012) calculating mean differences, standard deviations and results of the t-test for each of the 13 qualitative attributes.

Afterwards, for those attributes for which the t-test showed significant differences between males and females, a further analysis was carried out using ordered logit regression models to analyze whether and to what extent the importance given by consumers to the attributes of pizza is influenced by the socio-economic characteristics of the consumer. Specifically, we estimated ordered logit regression models in which the dependent variables were the significant attribute obtained from the t-test analysis and the independent variables concerned socio-economics characteristics of consumer: age, gender, education and income.

3. Results

3.1. Descriptive analysis

Table 2 shows socio-demographic characteristics of the sample. The interviewed sample was composed of females (57,9%) and males (42,1%); the mean age of sample was included among four classes: 18-30 years old (54,5%), 31-45 years old (28,2%), 46-60 years old (10,9%), over 60 years old (6,4%). The level of education is made up in 23,8% of cases by a primary education, while 53,5% of sample have a secondary school education (diploma) and only 22,7% have a graduate or postgraduate degree. The most common classes of household income were less than 1.5000 euro/month.

To explore the preferences of males and females in terms of importance given to the qualitative attributes of pizza, the values of means, standard deviation, mean differences and significance of the t-test were analyzed for each of the 13 examined qualitative attributes (Table 3). Remembering that interviewed were asked to rate their evaluation on a 7-point Likert-type scale from 1 (not important) to 7 (very important), all means are above the neutral value of 4 highlighting that respondents tend to give high importance to the 13 attributes related to pizza's quality.

For the first examined attribute "taste", the mean difference between genders was not significant (last column of table 3), supporting the idea that males and females consider "taste" similarly in consumption of pizza. This result is due to the high importance assigned to taste as an attribute for consumption of pizza by both genders.

Table 2 - Summary statistics for socio-demographic variables

Variable	Percentage of total sample (N = 202)
<i>Gender</i>	
Female	57.9
Male	42.1
<i>Age</i>	
18-30	54.5
31-45	28.2
46-60	10.9
> 60	6.4
<i>Level of education</i>	
Low level of education (elementary and medium school)	23.8
Medium level of education (high school)	53.5
High level of education (degree and others)	22.7
<i>Family average income</i>	
Low income (up to 1,500 euro/month)	22.8
Medium income (from 1,501 to 3,000 euro/month)	22.8
High income (over 3,000 euro/month)	9.5
Not answer	44.9

Note: our elaborations from sampled data.

There were no significant differences between males and females regarding attribute “food safety” although previous studies observed distinct behavior between males and females when dealing with food safety issues (Fagerli & Wandel, 1999; Miles *et al.*, 2004; Arganini *et al.*, 2012; Lassen *et al.*, 2016). Likely, this result is due to the heightened awareness among consumers on food safety caused by the recent foodborne illness outbreaks as showed by the high importance assigned to this attribute by both genders (high mean value). In the same way, there were not significant differences between males and females for the attribute “nutritional content” despite several studies have demonstrated that females are more concerned about healthy eating habits than males (Kiefer *et al.*, 2005; Prattala *et al.*, 2006). Likely, the absence of gender differences regarding “nutritional content” can be due to the fact that pizza is very popular among consumers making overshadow this attribute.

Gioacchino Pappalardo, Giuseppe Di Vita, Giovanni La Via, Severino Romano *et al.*

On the contrary, significant gender differences have been revealed by “price” that is more important for females than males. This result is in line with findings of Gracia *et al.* (2012) who detected that females have more positive attitudes towards local foods and more willing to purchase and pay for them. In addition, this finding could be explained by different levels of income between males and females and therefore by the importance given by females to the pizza as a cheap food. Others significant gender differences are related to the attributes “smell”, “appearance” and “crunchiness”. Females assign more importance than males to the aforementioned attributes confirming what already reported in previous studies (Akpınar *et al.*, 2009) who detected gender differences related to these types of attributes. On the contrary, males and females had similar views over other qualitative attributes of pizza like “softness” and “sapidità”; this last result is in line with a previous research carried out on willingness to pay for low-salt bread, whereas consumers’ acceptance for salty attribute is not influenced by gender (Di Vita *et al.*, 2016c).

Finally, no statistical differences between males and females have been observed for the other examined attributes such as “local raw materials”, “environmental impact” and “packaging”. Both females and males judge equally important these qualitative attributes about pizza.

Table 3 - Summary statistics for pizza’s qualitative attributes

Attributes	Mean		Std. deviation		Mean difference (a)-(b)	Significance of t-test
	Female (a)	Male (b)	Female	Male		
Taste	6.78	6.84	0.48	0.40	-0.06	0.367
Smell	6.48	6.24	0.79	0.97	0.24	0.052 *
Appearance	6.13	5.85	1.05	1.12	0.28	0.070 *
Package	4.62	4.62	1.57	1.46	-0.01	0.970
Crunchiness	6.03	5.61	1.39	1.70	0.41	0.059 *
Softness	4.94	4.69	1.94	1.93	0.25	0.373
Sapidità	5.34	5.15	1.47	1.54	0.19	0.379
Italian Flour	5.85	5.84	1.43	1.59	0.01	0.959
Price	5.72	5.38	1.30	1.41	0.34	0.076 *
Low environmental impact	5.56	5.48	1.51	1.38	0.07	0.724
Local raw materials	6.15	6.04	1.14	1.28	0.11	0.520
Food safety	6.66	6.62	0.72	0.71	0.03	0.735
Nutritional content	6.05	5.87	1.24	1.20	0.18	0.301

Note: Participants were asked to rate their evaluation from 1 to 7.

*, **, and *** denote significance at 10%, 5%, and 1% levels, respectively.

4.2. Effects of attributes on gender consumption of pizza

The descriptive statistics and unconditional tests do not completely reveal the effect of attributes on gender consumption of pizza. To estimate the effects of gender along with other socio-economic characteristics on pizza's attributes, four ordered logit models were estimated. According with the results of t-test as reported in the previous Table 3, the four attributes with a significant statistical difference between females and males were specified as a function of consumer's socio-economic characteristics. Thus, the dependent variables in the four ordered logit regressions were as follow: 1) smell, 2) appearance, 3) crunchiness and 4) price. The independent variables in each regression were: age, gender, education and income. The dependent variables are ranked in ascending order and indicates the importance (from 1 to 7) that interviewed given to the attributes. The frequencies of the seven categories of the four significant attributes are shown in Table 4. The highest frequencies (6 and 7) for the four attributes were recorded by females.

Table 4 - Frequencies of the answer categories for the attributes with significant gender difference

Variable	Category	Frequency						
		1	2	3	4	5	6	7
Smell	Males	0	1	0	4	10	28	42
	Females	0	0	1	1	13	28	74
Appearance	Males	1	0	1	8	15	34	26
	Females	0	1	1	10	12	39	54
Crunchiness	Males	4	3	4	6	13	19	36
	Females	3	1	6	3	10	38	56
Price	Males	1	3	2	17	18	22	22
	Females	2	1	4	9	28	34	39

By observing the values of the regression coefficients for the examined attributes, as reported in Table 5, it can be possible to argue that "gender" always significantly affects the importance given to the aforementioned attributes. Moreover, conditional analysis provides further insights with respect to the results emerged from unconditional analysis as reported in the previous Table 3. For "smell" and "crunchiness" attributes, "gender" along with "education" affect the probability to obtain a high score of importance. In particular, females with medium or low-level of education increase the

probability of “smell” and “crunchiness” being a high score of importance. As for “appearance”, females with medium or low-level of income increase the probability that this attribute has a high score. Finally, only “gender” positively affects “price”, that is females pay more attention to price of pizza than males regardless other socio-economic characteristics.

Table 5 - Ordered logit model results for the significant variables

Attribute	Variable	Coefficient	p-value
Smell	Age	0.016	0.182
	Gender	0.578	0.049 **
	Education	-0.404	0.048 **
	Income	-0.091	0.250
	Chi-square:	48.607	
Appearance	Age	0.003	0.765
	Gender	0.533	0.048 **
	Education	-0.128	0.477
	Income	-0.124	0.085 *
	Chi-square:	50,772	
Crunchiness	Age	0.002	0.827
	Gender	0.517	0.062 *
	Education	-0.604	0.002 ***
	Income	0.0008	0.991
	Chi-square:	49,432	
Price	Age	0.015	0.143
	Gender	0.553	0.038 **
	Education	-0.197	0.264
	Income	-0.060	0.411
	Chi-square:	55,122	

To analyze to what extent gender differences along with other socio-economic characteristics can affect the importance given to the attributes of pizza, we developed the analysis of marginal effects. Since our dependent

variable for each of the ordered regression model consists of seven categories, there are seven sets of marginal effects that describe the impact of a change in the covariates on the predicted probabilities. Technically, if the predicted probabilities obtained from the regressions reported in the previous Table 5 are varied across categories of the dependent variable, the marginal effects can be used to estimate their increase or decrease. Table 6 shows results of the marginal effects analysis.

Looking at marginal effects, “gender” affects the importance given to “smell” attribute, and overall females are less likely than males to give importance to “smell”. The only exception is the marginal effects of the highest score obtained for this attribute (6) that takes a positive sign indicating a higher likelihood that females give importance to “smell” more than males. Conversely, the marginal effects of the other high importance scores (4 and 5) take a negative sign indicating a lower likelihood that females give importance to “smell” more than males. For example, the probability that a female gives a score of 4 or 5 to “smell” is respectively 5.0% and 6.2% lower than a man. For “education” attribute, high-education level consumers are more likely to give a high score to “smell” attribute. In fact, the probability that consumers with high level of education gives a score of 4 or 5 to “smell” is respectively 3.5% and 4.3% more than consumers with a low-education level. On the contrary, for the highest score of the attribute, the probability that consumers with high level of education give the score of 6 is 9.2% lower than consumers with a low level of education. Summarizing, the highest score for “smell” is given by females with a medium or low-level of income.

As for “appearance”, the marginal effects show that males deem this attribute more important in buying of pizza than females except for the marginal effects of the highest score (7) that takes a positive sign indicating a higher likelihood that females give importance to “appearance” more than males. High-income level negatively affects the probability to have high score for “appearance” since the probability that consumers with high income give a score of 7 is 2.9% lower than low-income level consumers. As detected for “smell”, also for “appearance” we observed that the highest score for this attribute is given by females with a medium or low-level of income.

A similar result was registered for “crunchiness”. Females are more likely than males to give high importance to this attribute. In fact, the probability that a female gives a score of 7 to “crunchiness” is 12.0% higher than a man. On the contrary, education positively affects the probability to have high score for “crunchiness” with the exception for the highest score of 7.

Finally, the probability that females give to “price” the highest score of 7 is 11.3% higher than males. For the other categories of “price”, females are less likely than males to give importance to “price”.

Table 6 - Marginal effects for the ordered logit model

	Variable	1	2	3	4	5	6	7
Smell	Age	-0.00008 (0.423)	-0.00008 (0.423)	-0.00037 (0.249)	-0.00139 (0.190)	-0.00174 (0.175)	0.00366 (0.175)	
	Gender	-0.00288 (0.372)	-0.00282 (0.371)	-0.01346 (0.135)	-0.05018 (0.057*)	-0.06255 (0.044**)	0.13190 (0.042**)	
	Education	0.00201 (0.371)	0.00197 (0.370)	0.00940 (0.133)	0.03507 (0.056*)	0.04369 (0.044**)	-0.09214 (0.041**)	
	Income	0.00045 (0.450)	0.00049 (0.449)	0.00213 (0.302)	0.00794 (0.252)	0.00990 (0.249)	-0.02087 (0.244)	
Appearance	Age	-0.00001 (0.774)	-0.00001 (0.774)	-0.00003 (0.769)	-0.00023 (0.765)	-0.00025 (0.765)	-0.00017 (0.766)	0.00070 (0.764)
	Gender	-0.00263 (0.371)	-0.00259 (0.371)	-0.00507 (0.246)	-0.03987 (0.063*)	-0.04345 (0.051*)	-0.02994 (0.086*)	0.12355 (0.042**)
	Education	0.00063 (0.562)	0.00062 (0.562)	0.00121 (0.524)	0.00958 (0.481)	0.01045 (0.478)	0.00718 (0.485)	-0.02965 (0.475)
	Income	0.00061 (0.386)	0.00060 (0.386)	0.00118 (0.271)	0.00930 (0.099*)	0.01014 (0.085*)	0.00698 (0.135)	-0.02883 (0.080*)
Crunchiness	Age	-0.00008 (0.828)	-0.00004 (0.828)	-0.00009 (0.827)	-0.00007 (0.827)	-0.00015 (0.827)	-0.00012 (0.827)	0.00055 (0.827)
	Gender	-0.01711 (0.121)	-0.00903 (0.165)	-0.02058 (0.098)	-0.01628 (0.101)	-0.03223 (0.070*)	-0.02516 (0.087*)	0.12043 (0.055*)
	Education	0.01999 (0.038**)	0.01055 (0.083*)	0.02404 (0.018**)	0.01902 (0.021**)	0.03765 (0.003***)	0.02944 (0.012**)	-0.14069 (0.001***)
	Income	-0.00003 (0.991)	-0.00002 (0.991)	-0.00003 (0.991)	-0.00003 (0.991)	-0.00005 (0.991)	-0.00004 (0.991)	0.00020 (0.991)
Price	Age	-0.00022 (0.262)	-0.00029 (0.235)	-0.00040 (0.204)	-0.00141 (0.149)	-0.00126 (0.143)	0.00047 (0.231)	0.00311 (0.138)
	Gender	-0.00814 (0.181)	-0.01038 (0.146)	-0.01456 (0.106)	-0.05103 (0.044**)	-0.04560 (0.037**)	0.01691 (0.144)	0.11280 (0.034**)
	Education	0.00290 (0.346)	0.00370 (0.326)	0.00519 (0.306)	0.01819 (0.268)	0.01625 (0.263)	-0.00602 (0.317)	-0.04021 (0.262)
	Income	0.00088 (0.458)	0.00112 (0.446)	0.00158 (0.434)	0.00555 (0.413)	0.00497 (0.411)	-0.00183 (0.443)	-0.01227 (0.410)

Values in brackets are p-value

5. Conclusion

This paper sought to determine gender differences in consumption of one of the most traditional Italian foods: pizza. According to previous studies that pointed out a significant relationship between consumption of traditional local foods and gender differences (e.g. Rimal *et al.*, 2005; Napolitano *et*

al., 2010; Arganini *et al.*, 2012; Gracia *et al.*, 2012; Lassen *et al.*, 2016), our findings referred to pizza showed that these relationships depend on different importance that females and males have about qualitative attributes of pizza such as “smell”, “appearance”, “crunchiness” and “price”. Thus, the findings of this study revealed that differences in consumption of pizza can depend on gender preferences about qualitative attributes.

Despite further researches are required to improve the sample representativeness and to provide a better understanding of marketing strategies suitable for capturing consumer preference for pizza, our results are quite significant, and main outcomes of this study can be reasonably generalized and considered consistent with the previous literature on food consumption by gender, whose methodological approach have been based on a limited number of observations (Ares and Gámbaro, 2007; de Magistris *et al.*, 2014). The methodological approach used in this research could help in the identification of marketing strategies that could be addressed to specific action to promote consumption of the Italian traditional pizza. Moreover, our results could have important implications for restaurants, pizzerias and on overall for pizza industry (i.e. frozen pizza producers) and half-processed and/or packaged pizza producers since pizza is perceived as food for which some specific intrinsic characteristics can vary depending on consumers' gender.

For actors involved in pizza sector, the adoption of marketing practices explicitly related to the gender differences could increase consumers' valuation for pizza. Moreover, knowing factors affecting gender differences in pizza consumption can lead to an increase in pizza demand that could enhance firm income. This implies that in the formulation and characterization of pizza, it is necessary to consider the aspects related to gender differences that significantly influence the buying process. In addition, this research represents the first attempt at measuring gender preferences for pizza and can be considered as a methodological experiment easily replicable in other food sectors.

The authors are aware that the findings of this research should be interpreted with a certain caution, due to several factors that may be relevant when information regarding the adoption of business strategies by companies are provided such as small sample size interviewed, the quality of the information transmitted to respondents and other pizza's attributes not considered in this study. Moreover, since the participants in this study are from the city of Catania, the place-specific study findings cannot be generalized to all Italian consumers, and further analysis in other Italian areas are needed to improve external validity of our results.

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Gioacchino Pappalardo, Giuseppe Di Vita, Giovanni La Via, Severino Romano et al.

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