



Simultaneous assessment of myocardial perfusion and adrenergic innervation in patients with heart failure by low-dose dual-isotope CZT SPECT imaging

Roberta Assante, MD, PhD,^a Adriana D'Antonio, MD,^a Teresa Mannarino, MD,^a Carmela Nappi, MD, PhD,^a Valeria Gaudieri, MD, PhD,^a Emilia Zampella, MD, PhD,^a Pietro Buongiorno, MS,^a Valeria Cantoni, PhD,^a Roberta Green, PhD,^a Nicola Frega, MD,^a Hein J. Verberne, MD, PhD,^b Mario Petretta, MD,^c Alberto Cuocolo, MD,^a and Wanda Acampa, MD, PhD^a

^a Department of Advanced Biomedical Sciences, University of Naples Federico II, Naples, Italy

^b Department of Radiology and Nuclear Medicine, Amsterdam University Medical Centers, location AMC, University of Amsterdam, Amsterdam, The Netherlands

^c IRCCS Synlab SDN, Naples, Italy

Received Dec 17, 2021; accepted Mar 6, 2022

doi:10.1007/s12350-022-02951-4

Background. In patients with heart failure (HF) sequential imaging studies have demonstrated a relationship between myocardial perfusion and adrenergic innervation. We evaluated the feasibility of a simultaneous low-dose dual-isotope $^{123}\text{I}/^{99\text{m}}\text{Tc}$ -acquisition protocol using a cadmium-zinc-telluride (CZT) single-photon emission computed tomography (SPECT) camera.

Methods and results. Thirty-six patients with HF underwent simultaneous low-dose ^{123}I -metaiodobenzylguanidine (MIBG)/ $^{99\text{m}}\text{Tc}$ -sestamibi gated CZT-SPECT cardiac imaging. Perfusion and innervation total defect sizes and perfusion/innervation mismatch size (defined by ^{123}I -MIBG defect size minus $^{99\text{m}}\text{Tc}$ -sestamibi defect size) were expressed as percentages of the total left ventricular (LV) surface area. LV ejection fraction (EF) significantly correlated with perfusion defect size ($P < .005$), innervation defect size ($P < .005$), and early ($P < .05$) and late ($P < .01$) ^{123}I -MIBG heart-to-mediastinum (H/M) ratio. In addition, late H/M ratio was independently associated with reduced LVEF ($P < .05$). Although there was a significant relationship ($P < .001$) between perfusion and innervation defect size, innervation defect size was larger than perfusion defect size ($P < .001$). At multivariable linear regression analysis, ^{123}I -MIBG washout rate (WR) correlated with perfusion/innervation mismatch ($P < .05$).

Conclusions. In patients with HF, a simultaneous low-dose dual-isotope $^{123}\text{I}/^{99\text{m}}\text{Tc}$ -acquisition protocol is feasible and could have important clinical implications. (J Nucl Cardiol 2022;29:3341–51.)

Key Words: Heart failure • Innervation tracers • Perfusion agents • SPECT

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1007/s12350-022-02951-4>.

The authors of this article have provided a PowerPoint file, available for download at SpringerLink, which summarises the contents of the paper and is free for re-use at meetings and presentations. Search for the article DOI on SpringerLink.com.

The authors have also provided an audio summary of the article, which is available to download as ESM, or to listen to via the JNC/ASNC Podcast.

Reprint requests: Valeria Gaudieri, MD, PhD, Department of Advanced Biomedical Sciences, University of Naples Federico II, Via Pansini 5, 80131 Naples, Italy; valeria.gaudieri@gmail.com
J Nucl Cardiol 2022;29:3341–51.

1071-3581/\$34.00

Copyright © 2022 The Author(s), corrected publication 2022

Abbreviations

MIBG	Metaiodobenzylguanidine
HF	Heart failure
H/M	Heart-to-mediastinum
WR	Washout rate
SPECT	Single-photon emission computed tomography
CZT	Cadmium–zinc–telluride
SDI	Simultaneous dual-isotope
LV	Left ventricular
EF	Ejection fraction
ROI	Region of interest

INTRODUCTION

Cardiac ^{123}I -metaiodobenzylguanidine (MIBG) imaging has a central role in the evaluation of cardiac sympathetic activity, and impairment of innervation status has been correlated to a poor prognosis in patients with heart failure (HF).¹ Semiquantitative parameters of ^{123}I -MIBG uptake, such as the heart-to-mediastinum (H/M) ratio and washout rate (WR), indicators of autonomic dysfunction, demonstrated prognostic value in patients with HF.² Prior studies evaluating myocardial perfusion and adrenergic innervation with two separate single-photon emission computed tomography (SPECT) acquisition procedures demonstrated that quantification of perfusion/innervation mismatch provides information about the trigger zone as a prognostic factor of ventricular arrhythmia.³

The introduction of novel dedicated SPECT cameras with semiconductor cadmium–zinc–telluride (CZT) detectors has enabled significant improvements in spatial, temporal and energy resolution in the acquisition protocols by comparison to conventional Anger cameras.^{4,5} Phantom and clinical studies have shown good correlation between ^{123}I -MIBG H/M ratio and WR obtained by CZT-SPECT and Anger cameras for single tracer studies.^{6–8} The increased energy resolution of CZT-SPECT allows a simultaneous assessment of myocardial perfusion and sympathetic innervation in a single-session, thereby reducing imaging time. Thus, when using a low-dose of ^{123}I -MIBG and $^{99\text{m}}\text{Tc}$ -labeled tracers, it is possible to considerably reduce radiation exposure.

Recently Blaire et al⁹ in a phantom study assessing perfusion ($^{99\text{m}}\text{Tc}$) and innervation (^{123}I) using two commercially available CZT-SPECT cameras demonstrated that a simultaneous dual-isotope (SDI) acquisition is feasible and provides perfectly registered functional images with a reduced imaging time. Prior studies have demonstrated correlation between the

impairment of innervation, rest perfusion and mechanical dyssynchrony or diastolic function using sequential perfusion and innervation imaging.^{10,11} However, no studies are available on the quantitative evaluation of perfusion and adrenergic innervation in patients with HF using a simultaneous acquisition protocol by CZT-SPECT. The aim of our study was firstly to evaluate the feasibility of a simultaneous low-dose dual-isotope $^{123}\text{I}/^{99\text{m}}\text{Tc}$ -acquisition protocol using a CZT-SPECT camera. We also assessed the relationship between myocardial perfusion, adrenergic innervation and left ventricular (LV) function in patients with HF undergoing this protocol.

METHODS**Patients**

Thirty-six consecutive patients with HF referred to ^{123}I -MIBG imaging to evaluate cardiac adrenergic innervation, underwent low-dose SDI imaging acquisition. Heart failure was defined as the presence of typical symptoms (e.g., breathlessness, ankle swelling, and fatigue) and/or evidence of structural and/or functional cardiac abnormality, with preserved ($\geq 50\%$), mid-range (40%-49%) or reduced ($< 40\%$) LV ejection fraction (EF).¹² The exclusion criteria were atrial fibrillation, implanted pacemaker or prosthetic valve, iodine allergy, severe loss of renal function, symptomatic asthma and pregnancy. For each patient, demographic data and clinical characteristics were noted. Hypertension was defined as a blood pressure $> 140/90$ mmHg or the use of anti-hypertensive medication. Dyslipidemia was defined as total cholesterol level > 6.2 mmol/L or treatment with cholesterol lowering medication. Patients were classified as having diabetes if they were receiving treatment with oral hypoglycemic drugs or insulin. A patient was considered to have known coronary artery disease based on a history of myocardial infarction or coronary revascularization. Nineteen subjects undergoing ^{123}I -MIBG scintigraphy to rule out disease of the adrenal medulla served as the control group. None of these subjects had a history of neurological or cardiac diseases. The study was approved by the local ethical committee (Protocol Number 110/17) and conformed to the Declaration of Helsinki on human research. Written informed consent was obtained from every patient after complete explanation of the protocol, its aim and potential risks.

CZT-SPECT imaging

All patients underwent a low-dose SDI ^{123}I -MIBG/ $^{99\text{m}}\text{Tc}$ -sestamibi imaging protocol (Figure 1)

using a cardiac dedicated CZT-SPECT camera (D-SPECT, Spectrum Dynamics, Caesarea, Israel). According to the study protocol, 185 MBq of ^{99m}Tc-sestamibi were administered for rest myocardial perfusion imaging. After 40 minutes, 74 MBq of ¹²³I-MIBG was administered over 1-2 minutes and 5 minutes later, a 10 second pre-scan acquisition using ^{99m}Tc-window was performed to help with detector positioning, followed by a 10 minutes list mode SDI scan (early image). Similarly, 3 hours and 50 minutes after ¹²³I-MIBG administration, a 10 minutes list mode SDI scan (late image) was performed.

Data were acquired by nine mobile CZT detector columns mounted vertically in 90° geometry (64 × 16 pixels, 120 projections per detector). List mode acquisition permits the retrospective selection of ^{99m}Tc and ¹²³I energy windows. The energy windows were approximately 8.5 % asymmetrical (− 7.5 to +4.5 keV) centered on 159 keV for ¹²³I and 10 % asymmetrical (− 7 to +9 keV) centered on 140.5 keV for ^{99m}Tc. Summed and gated projections were reconstructed with an iterative maximum likelihood expectation maximization algorithm using 7 and 4 iterations, respectively. No attenuation or scatter correction was performed.

Imaging interpretation

Using the D-SPECT camera, the planar equivalent image (planogram) was obtained by projecting and summing all the elementary 2-D images that shared the same angle onto one large field of view virtual plane. On the ^{99m}Tc-sestamibi images, a region of interest (ROI) was manually drawn on the left ventricle while size of the mediastinum ROI was determined automatically on the x and y dimensions and positioned manually, as previously reported.⁶ ROI were automatically copied from the ^{99m}Tc-sestamibi images to the ¹²³I-MIBG images using the software provided by the manufacturer. Once ROI were drawn, H/M ratios were calculated by the same nuclear cardiologists from early and delayed

planar ¹²³I-MIBG images, as previously reported.¹³ ¹²³I-MIBG WR was also calculated using the following formula: [(early heart counts/pixel – early mediastinum counts/pixel) – (late heart counts/pixel decay-corrected – late mediastinum counts/pixel decay-corrected)]/ (early heart counts/pixel – early mediastinum counts/pixel).

LV volumes, EF and perfusion and innervation defect scores were automatically calculated from gated ^{99m}Tc-sestamibi images using a commercially available software (e-soft, 2.5, QGS/QPS, Cedars- Sinai Medical Center, Los Angeles, CA, USA). The myocardial perfusion and innervation images obtained at rest were scored using a 17-segment model of the left ventricle.¹⁴ Perfusion and innervation total defect sizes were expressed as the percentage of the total left ventricle surface area using as reference an internal normal database. Perfusion/innervation mismatch size was defined by ¹²³I-MIBG defect size minus ^{99m}Tc-sestamibi defect size, again expressed as a percentage of left ventricle surface area.

Statistical analysis

Continuous variables were expressed as mean ± standard deviation (SD) and categorical data as frequencies or percentage. Comparison of continuous data between groups was performed using the two-sided Student's *t* test and by one-way ANOVA followed by post hoc multiple comparisons with the Bonferroni correction. Evaluation of relationships between variables was performed using Spearman's rank correlation analysis. Logistic regression analysis was performed to identify the predictors of reduced LVEF. Moreover, linear regression analysis was performed to identify the predictors of perfusion/innervation mismatch. For the multivariable analysis we only considered variables resulting statistically significant at univariable analysis. Statistical analysis was performed with Stata 15.1 software (StataCorp, College Station, Texas USA). A

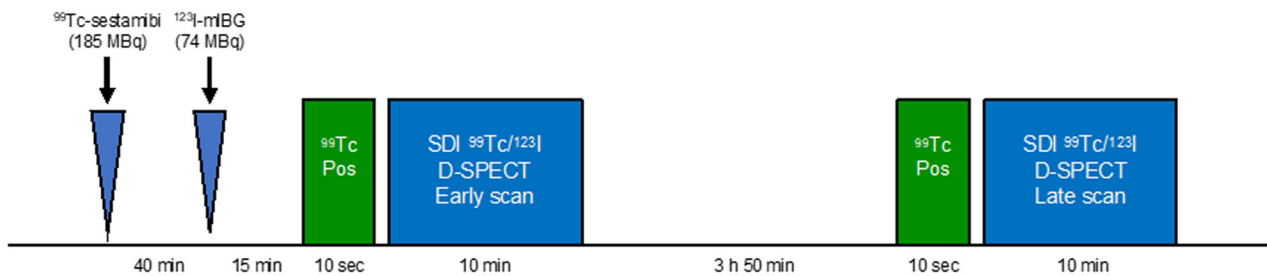
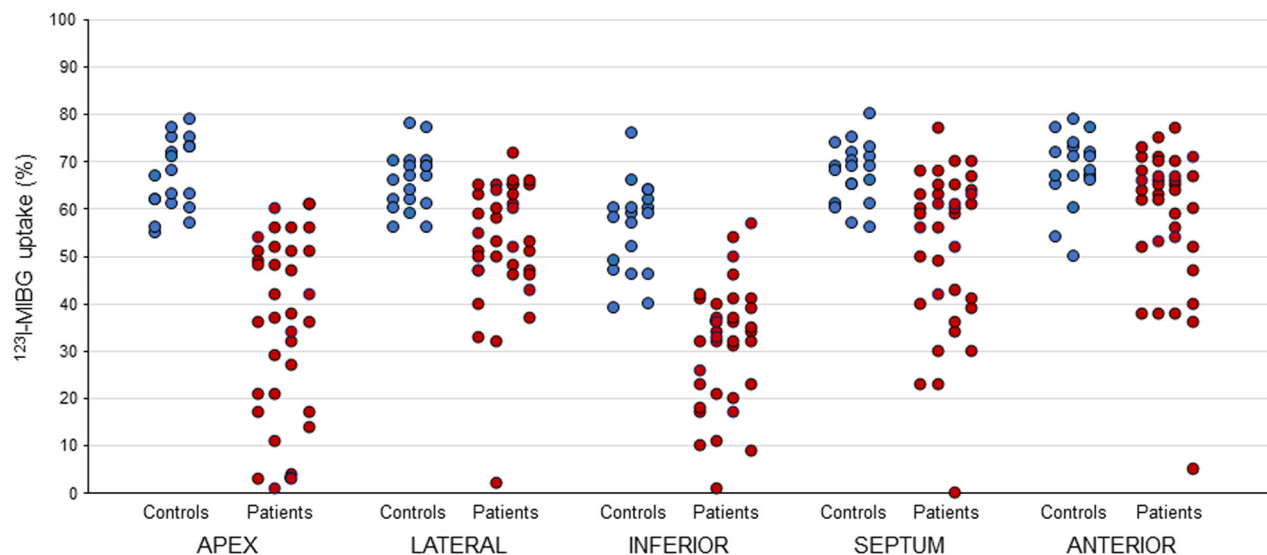


Figure 1. Simultaneous dual-isotope (SDI) low-dose ^{99m}Tc-sestamibi/¹²³I-MIBG imaging protocol. Pos, positioning.

Table 1. Mean regional ^{123}I -MIBG uptake in controls and patients

	Apex	Lateral	Inferior	Septum	Anterior	<i>P</i> value
Controls (n = 19)	67 ± 7	66 ± 6	57 ± 10	67 ± 6	68 ± 7	.001
Patients (n = 36)	35 ± 19	53 ± 13	31 ± 13	52 ± 17	59 ± 15	.001

Values are expressed as mean ± SD

**Figure 2.** Individual regional ^{123}I -MIBG uptake in controls (n = 19) and patients (n = 36).

P value < .05 (two-sided) was considered statistically significant.

RESULTS

Patient characteristics

Mean regional ^{123}I -MIBG uptake in controls and patients is reported in Table 1. In controls, tracer uptake was reduced in the inferior region compared to the other regions ($P < .05$). In patients, both apex and inferior walls showed a lower ^{123}I -MIBG uptake compared to the other regions ($P < .01$). To rule out that the ^{123}I -MIBG uptake reduction in the inferior region in patients may reflect normal physiology more than pathological patterns, we compared individual uptake and found that in 26 (72%) patients tracer activity was lower than 2 SD of the mean values in control group (Figure 2).

Of the 36 patients enrolled, 13 (36%) had a preserved or mid-range ($48\% \pm 2\%$) LVEF and 23 (64%) a reduced ($30\% \pm 6\%$) LVEF. The clinical and demographic characteristics of the patient population

according to LVEF are described in Table 2. No significant differences between the two groups were observed. The myocardial perfusion and innervation parameters at SDI imaging are described in Table 3. Patients with reduced LVEF had higher values of perfusion and innervation defect sizes and WR (all $P < .05$) and lower values of early ($P < .05$) and late H/M ratio ($P < .01$). Conversely, the extent of perfusion/innervation mismatch was not different ($P = .80$) between patients with preserved or mid-range and reduced LVEF.

Relationship between perfusion and innervation total defect sizes and LVEF

In the overall study population, both perfusion ($r = 0.48$, $P < .005$) and innervation ($r = 0.48$, $P < .005$) defect sizes correlated with LVEF (Figure 3). A significant correlation of both early ($r = 0.42$, $P < .05$) and late ($r = 0.47$, $P < .01$) H/M ratio with LVEF was also found (Figure 4). Univariable and multivariable logistic regression analyses with reduced LVEF as dependent

Table 2. Demographic data and clinical characteristics of study population according to left ventricular ejection fraction

	All patients (n = 36)	LVEF < 40% (n = 23)	LVEF ≥ 40% (n = 13)	P value
Age (years)	64 ± 9	65 ± 9	64 ± 9	.81
Male gender, n (%)	34 (94)	21 (91)	13 (100)	.27
Diabetes, n (%)	18 (50)	12 (52)	6 (46)	.73
Hypertension, n (%)	36 (100)	23 (100)	13 (100)	.10
Dyslipidemia, n (%)	32 (89)	21 (95)	11 (85)	.54
Smoking history, n (%)	11 (31)	5 (22)	6 (46)	.44
Family history of CAD, n (%)	14 (39)	11 (48)	3 (23)	.14
Prior myocardial infarction, n (%)	27 (75)	19 (83)	8 (61)	.16
Prior PCI, n (%)	25 (69)	16 (69)	9 (62)	.98
Symptoms, n (%)	21 (58)	12 (52)	9 (69)	.31
LV hypertrophy, n (%)	14 (39)	5 (22)	9 (69)	< .05

Values are expressed as mean value ± standard deviation or number (percentage) of subjects
LVEF, left ventricular ejection fraction; CAD, coronary artery disease; PCI, percutaneous coronary intervention

variable are reported in Table 4. At multivariable analysis, LV hypertrophy and late H/M ratio were independently associated with reduced LVEF.

Predictors of perfusion/innervation mismatch

In the overall patient population, although perfusion defect size was significantly correlated with innervation defect size ($r = .73$, $P < .001$), innervation defect size was larger than perfusion defect size ($29\% \pm 17\%$ vs. $17\% \pm 16\%$, $P < .001$), both in the presence of reduced ($33\% \pm 17\%$ vs. $22\% \pm 11\%$, $P < .005$) or mid-range ($21\% \pm 14\%$ vs. $9\% \pm 12\%$, $P < .005$) LVEF. Linear regression analyses, considering perfusion/innervation mismatch as dependent variable, are reported in Table 5. At multivariable analysis WR was independently related to mismatch. Images of representative examples of mismatch in a patient with mid-range LVEF and in a patient with reduced LVEF are depicted in Figures 5 and 6.

DISCUSSION

To our knowledge this is the first study assessing the feasibility of a low-dose SDI $^{123}\text{I}/^{99\text{m}}\text{Tc}$ single imaging session protocol in patients with HF using CZT-SPECT. It is already known that cardiac CZT-SPECT systems have a twofold improvement in energy resolution, allowing simultaneous dual-isotope acquisition with lower down-scatter of the two isotope photo-peaks as

compared to conventional SPECT.^{15,16} When used in combination, the close photo-peaks of $^{99\text{m}}\text{Tc}$ - and ^{123}I -isotopes require careful evaluation to discriminate their energy properties while maintaining count sensitivity. It has been demonstrated using CZT scanners that excellent concordance between ^{123}I -/ $^{99\text{m}}\text{Tc}$ -labeled dual- and single-images was achieved, in both phantom and animal studies, thanks to high spatial and energy resolution of the CZT systems, thus allowing count sensitivity to be maintained.^{17,18} The simultaneous use of ^{123}I and $^{99\text{m}}\text{Tc}$ could lead to a reduction in total procedure time with good quality images, improved patient comfort and increased throughput, with the advantage of obtaining both innervation and perfusion parameters from the same exam session. ^{123}I -MIBG SPECT images can be compared with SPECT myocardial perfusion images to examine differences between regional innervation and perfusion. In making such comparisons, it is important to be aware of differences between tracer distribution in normal subjects as compared to pathological innervation and perfusion patterns, such as lower uptake of ^{123}I -MIBG seen in the posterior inferior wall using a traditional camera.^{19,20} This study evaluating the tracer distribution in a control group confirms that a lower uptake in the inferior wall is a physiologic pattern also using a CZT-SPECT camera.

In addition, simultaneous perfusion and sympathetic innervation imaging enables the evaluation of perfusion/innervation mismatch and may provide valuable information to target the trigger zone in the setting of ventricular arrhythmia.²¹ Gimelli et al²² using a

Table 3. Imaging findings of study population according to left ventricular ejection fraction

	All patients (n = 36)	LVEF < 40% (n = 23)	LVEF ≥ 40% (n = 13)	P value
Perfusion defect size (%)	17 ± 16	22 ± 17	9 ± 12	< .05
Innervation defect size (%)	29 ± 17	33 ± 17	21 ± 14	< .05
Perfusion/innervation mismatch area (%)	12 ± 14	11 ± 16	13 ± 10	.80
Early <i>H/M</i> ratio	1.69 ± 0.33	1.60 ± 0.32	1.84 ± 0.29	< .05
Late <i>H/M</i> ratio	1.65 ± 0.37	1.50 ± 0.29	1.93 ± 0.35	< .005
Washout rate (%)	28 ± 27	34 ± 21	16 ± 34	< .05

Values are expressed as mean value ± standard deviation

LVEF, left ventricular ejection fraction; *H/M*, heart-to-mediastinum

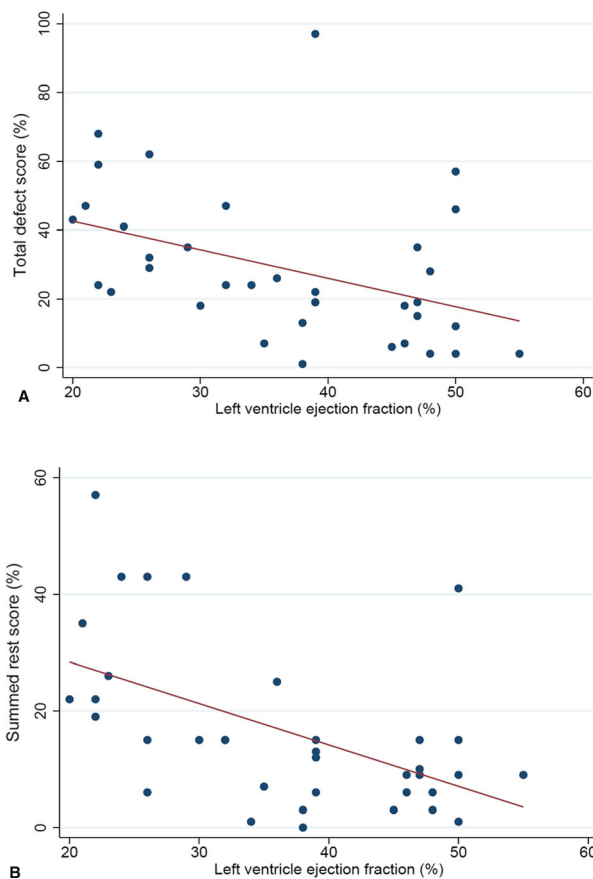


Figure 3. (A) Relationship between left ventricular ejection fraction and innervation defect size. (B) Relationship between left ventricular ejection fraction and perfusion defect size.

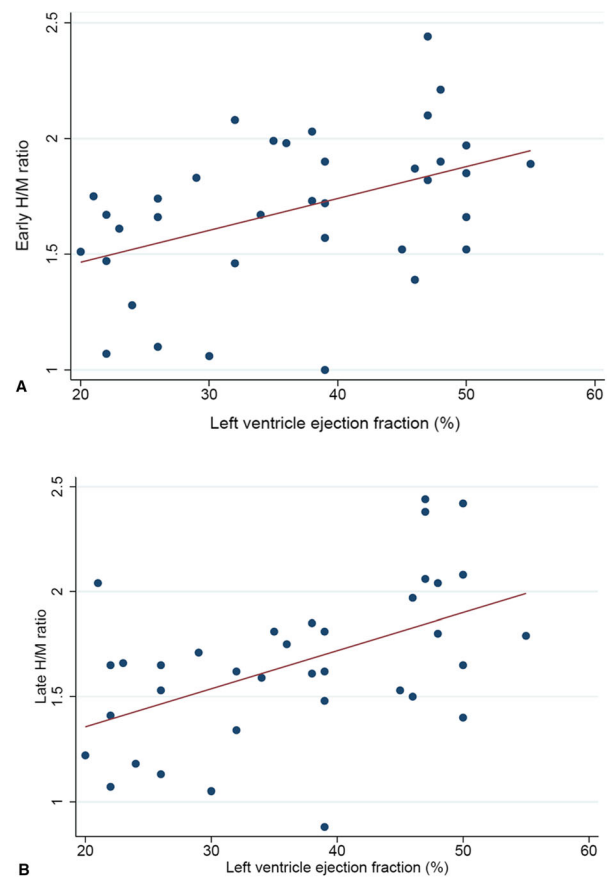


Figure 4. (A) Relationship between left ventricular ejection fraction and early *H/M* ratio. (B) Relationship between left ventricular ejection fraction and late *H/M* ratio.

sequential ^{123}I -MIBG and $^{99\text{m}}\text{Tc}$ -tetrofosmin CZT acquisition demonstrated a correlation between impaired myocardial innervation and systolic LV function. In particular, using a sequential protocol with 74-111 MBq

of ^{123}I -MIBG for innervation imaging and 222-259 MBq of $^{99\text{m}}\text{Tc}$ -tetrofosmin for perfusion scans²² in 28 patients with and without ischemic heart disease, the authors showed that alteration of early innervation parameters

Table 4. Logistic regression analysis with reduced left ventricular ejection fraction as dependent variable

	Univariable		Multivariable	
	Odds ratio (95% CI)	P value	Odds ratio (95% CI)	P value
Age	1.009 (0.939–1.084)	.81		
Diabetes	0.786 (0.201–3.071)	.72		
Dyslipidemia	0.524 (0.065–4.241)	.52		
Smoking history	1.771 (0.414–7.581)	.45		
Family history of CAD	0.327 (0.071–1.508)	.15		
Known CAD	0.474 (0.096–2.339)	.35		
Symptoms	2.063 (0.492–8.654)	.32		
LV hypertrophy	0.123 (0.026–0.575)	< .01	0.018 (0.001–0.351)	< .05
Perfusion defect size	1.066 (1.005–1.131)	< .05	1.051 (0.950–1.162)	.34
Innervation defect size	1.057 (0.999–1.119)	.06		
Late H/M ratio	0.011 (0.000–0.297)	< .05	0.000 (0.000–0.136)	< .05
Washout rate	1.033 (0.994–1.073)	.09		
Perfusion/innervation mismatch area	1.017 (0.969–1.067)	.49		

CI, confidence interval; CAD, coronary artery disease; LV, left ventricular; H/M heart-to-mediastinum.

Table 5. Linear regression analysis with perfusion/innervation mismatch area as dependent variable

	Univariable		Multivariable	
	β Coefficient (SE)	P value	β Coefficient (SE)	P value
Age	0.275 (0.246)	.27		
Diabetes	6.111 (4.645)	.20		
Dyslipidemia	1.156 (7.573)	.88		
Smoking history	– 0.596 (5.168)	.90		
Family history of CAD	– 9.805 (4.585)	.05		
Known CAD	6.304 (5.624)	.27		
Symptoms	4.876 (4.756)	.31		
LV hypertrophy	– 3.143 (4.854)	.52		
Late H/M ratio	– 9.802 (6.215)	.12		
Washout rate	0.189 (0.081)	< .05	0.189 (0.081)	< .05
LV ejection fraction	0.295 (0.223)	.19		

SE, standard error; CAD, coronary artery disease; LV, left ventricular; H/M, heart-to-mediastinum.

was significantly correlated with impaired myocardial perfusion and LV dysfunction.

Moreover, using a low-dose SDI protocol, we were able to confirm a relationship between myocardial innervation, perfusion parameters and LV systolic function. Patients with reduced LVEF showed higher values of perfusion and innervation defect sizes and WR, and lower values of early and late H/M ratio compared to patients with preserved or mid-range LVEF. Moreover,

in our study population LV hypertrophy and late H/M ratio were independently associated with reduced LVEF. It has been demonstrated that optimal mapping of regional myocardial sympathetic denervation is obtained with delayed acquisition.²³ Therefore, for the semiquantitative analysis of innervation, we considered the delayed images. For our analysis we used no scattered correction values, as it has been demonstrated that ^{99m}Tc crosstalk into the ¹²³I window is negligible when

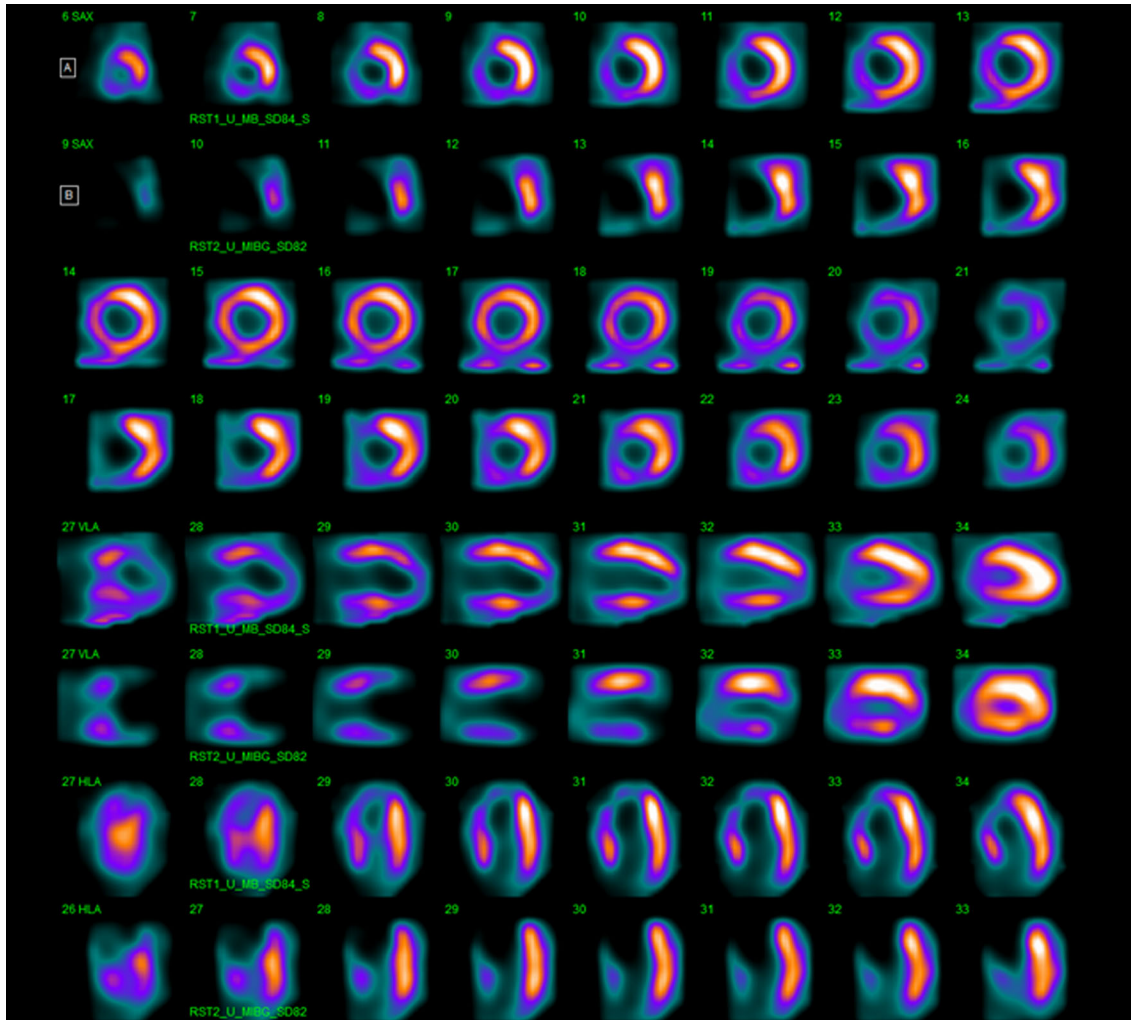


Figure 5. ^{99m}Tc -sestamibi [A] and ^{123}I -MIBG [B] CZT images of a patient with HF and preserved left ventricular ejection fraction (50%). An extensive area of reduced innervation but partially preserved perfusion in apex and antero-septal wall of left ventricle (mismatched area 28%) was visible.

performing a simultaneous CZT-SPECT acquisition.^{9,24} We also assessed myocardial perfusion/innervation mismatch and although perfusion defect size was correlated with innervation defect size, ^{123}I -MIBG defect size was significantly larger than perfusion defects in both groups of patients with preserved or mid-range LVEF and reduced LVEF. These findings indicate that independently of LVEF, a larger denervation area is always present around an area of myocardial hypoperfusion or necrosis area. This is in line with notion that these sympathetic nerve endings are more prone to ischemic damage compared to cardiomyocytes. In addition, WR significantly correlated with perfusion/innervation mismatch. It has been suggested that WR reflects neuronal integrity of sympathetic tone/drive

mainly representing uptake-1 (i.e., NET: norepinephrine transporter).¹³ Hence, WR correlates with the more extensive involvement of neuronal retention system in the mismatch area characterized by a higher amount of adrenergic denervation compared to perfusion impairment. As demonstrated in previous studies, ^{123}I -MIBG WR and late *H/M* ratio have a prognostic role in patients with HF.²⁵ In particular, a high WR represents an independent predictor for subsequent cardiac events, although lack of correlation to LV function.²⁶ The measurement of perfusion/innervation mismatch, as index of regions with impaired sympathetic innervation and preserved viability and frequently localized at the border of infarcted areas, is a key step in prognosis assessment, as it has been demonstrated that these

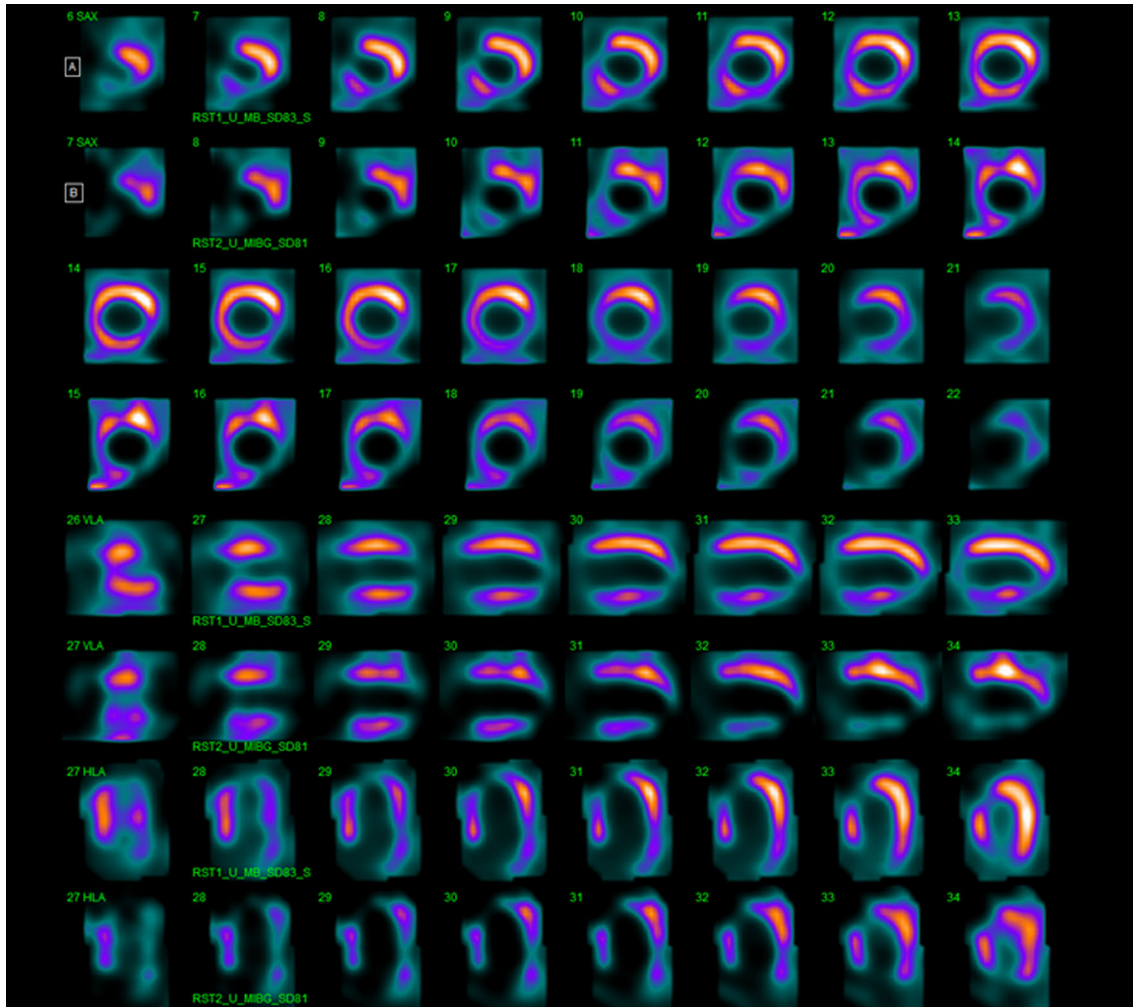


Figure 6. ^{99m}Tc -sestamibi [A] and ^{123}I -MIBG [B] CZT images of a patient with HF and reduced left ventricular ejection fraction (36%). An extensive area of reduced innervation but partially preserved perfusion in apex, antero-septal wall and infero-lateral wall of left ventricle (mismatched area 13%) was visible.

mismatch areas are triggers of ventricular arrhythmias and may be used as potential therapeutic targets.²⁷ Therefore, markers of cardiac sympathetic impairment obtained by CZT-SPECT could be used to evaluate the clinical and prognostic role of denervated but viable myocardium, improving the risk stratification of high-risk patients. Resting myocardial perfusion imaging is an imaging tool to detect viable myocardium in patients with LV dysfunction with prognostic information incremental to that of clinical data and LV function.^{28–30}

One of the strengths of the present study is represented by the use of a simultaneous protocol with very low dose injected activities (i.e., 74 MBq of ^{123}I -MIBG and 185 MBq of ^{99m}Tc -sestamibi) leading to a radiation dose reduction of 31% compared to a standard protocol (from 3.0 to 4.4 mSv, respectively) without

losing in accuracy. This is particularly relevant considering that reduction in radiopharmaceutical dosage enables more cost effective nuclear myocardial perfusion imaging, a very welcome trend against the background of continually increasing use of nuclear cardiology in an increasingly challenging fiscal environment with ever-rising healthcare costs.³¹ Potential cost reduction in conjunction with the lower exposure could also lead to a marked improvement for dual-isotope acquisition imaging in the evaluation of patient with heart failure.

It must be also considered that patients with HF impaired myocardial innervation may have low myocardial ^{123}I -MIBG uptake with suboptimal localization of the heart, therefore requiring a dual-isotope protocol to localize the heart.⁶ An SDI protocol using perfusion

images to define heart contouring enables more precise measurement of ^{123}I -MIBG heart uptake, thus achieving a higher level of interpreted data accuracy, as well as enabling perfect co-registration of innervation and perfusion studies, with an excellent assessment of innervation-perfusion mismatch.

NEW KNOWLEDGE GAINED

Low-dose CZT-SPECT cardiac imaging may enable rapid assessment of differences in LV perfusion and innervation patterns, possibly better characterizing cardiac functional status with reduced radiation exposure and shorter examination time and an associated quality improvement over single isotope studies.

CONCLUSIONS

The extent of both myocardial innervation and perfusion defects are related to a reduction of LV systolic function, and late *H/M* ratio result was an independent predictor of reduced LVEF. Among parameters of cardiac innervation, WR results significantly correlated to extent of perfusion/innervation mismatch area and this could have important clinical implications.

Funding

Open access funding provided by Università degli Studi di Napoli Federico II within the CRUI-CARE Agreement.

Disclosures

Roberta Assante, Adriana D'Antonio, Carmela Nappi, Teresa Mannarino, Valeria Gaudieri, Emilia Zampella, Valeria Cantoni, Roberta Green, Emanuele Crisculo, Roberto Bologna, Nicola Frega, Hein J. Verberne, Mario Petretta and Alberto Cuocolo declare that they have no financial conflicts of interest. Wanda Acampa is consultant of D-Spectrum.

Open Access

This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission

directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>.

References

1. Jacobson AF, Senior R, Cerqueira MD, Wong ND, Thomas GS, Lopez VA. Myocardial iodine-123 meta-iodobenzylguanidine imaging and cardiac events in heart failure. Results of the prospective ADMIRE-HF (AdreView Myocardial Imaging for Risk Evaluation in Heart Failure) study. *J Am Coll Cardiol* 2010;55:2212-21.
2. Agostini D, Verberne HJ, Burchert W, Knutti J, Povinec P, Sambucetti G, et al. I-123-mIBG myocardial imaging for assessment of risk for a major cardiac event in heart failure patients: Insights from a retrospective European multicenter study. *Eur J Nucl Med Mol Imaging* 2008;35:535-46.
3. Carrió I, Cowie MR, Yamazaki J, Udelson J, Camici PG. Cardiac sympathetic imaging with mIBG in heart failure. *JACC Cardiovasc Imaging* 2010;3:92-100.
4. Cantoni V, Green R, Acampa W, Zampella E, Assante R, Nappi C, et al. Diagnostic performance of myocardial perfusion imaging with conventional and CZT single-photon emission computed tomography in detecting coronary artery disease: A meta-analysis. *J Nucl Cardiol* 2021;28:698-715.
5. Mannarino T, Assante R, Ricciardi C, Zampella E, Nappi C, Gaudieri V, et al. Head-to-head comparison of diagnostic accuracy of stress-only myocardial perfusion imaging with conventional and cadmium-zinc telluride single-photon emission computed tomography in women with suspected coronary artery disease. *J Nucl Cardiol* 2021;28:888-97.
6. Bellevre D, Manrique A, Legallois D, Bross S, Baavour R, Roth N, et al. First determination of the heart-to-mediastinum ratio using cardiac dual isotope (^{123}I -MIBG/ $^{99\text{m}}\text{Tc}$ -tetrofosmin) CZT imaging in patients with heart failure: The ADRECARD study. *Eur J Nucl Med Mol Imaging* 2015;42:1912-9.
7. Nakajima K, Okuda K, Yokoyama K, Yoneyama T, Tsuji S, Oda H, et al. Cross calibration of 123I-meta-iodobenzylguanidine heart-to-mediastinum ratio with D-SPECT planogram and Anger camera. *Ann Nucl Med* 2017;31:605-15.
8. Ben-Haim S, Kacperski K, Hain S, Van Gramberg D, Hutton BF, Erlandsson K, et al. Simultaneous dual-radionuclide myocardial perfusion imaging with a solid-state dedicated cardiac camera. *Eur J Nucl Med Mol Imaging* 2010;37:1710-21.
9. Blaire T, Bailliez A, Ben Bouallegue F, Bellevre D, Agostini D, Manrique A. First assessment of simultaneous dual isotope ($(^{123}\text{I})/(^{99\text{m}}\text{Tc})$) cardiac SPECT on two different CZT cameras: A phantom study. *J Nucl Cardiol* 2018;25:1692-704.
10. Gimelli A, Liga R, Genovesi D, Giorgetti A, Kusch A, Marzullo P. Association between left ventricular regional sympathetic denervation and mechanical dyssynchrony in phase analysis: A cardiac CZT study. *Eur J Nucl Med Mol Imaging* 2014;41:946-55.
11. Gimelli A, Liga R, Avoglierio F, Cocci M, Marzullo P. Relationships between left ventricular sympathetic innervation and diastolic dysfunction: The role of myocardial innervation/perfusion mismatch. *J Nucl Cardiol* 2018;25:1101-9.
12. Ponikowski P, Voors AA, Anker SD, Bueno H, Cleland JGF, Coats AJS, et al. ESC Scientific Document Group. 2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure: The Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC) Developed. *Eur Heart J* 2016;37:2129-200.

13. Flotats A, Carrió I, Agostini D, Le Guludec D, Marcassa C, Schaffers M, et al. Proposal for standardization of 123I-metaiodobenzylguanidine (MIBG) cardiac sympathetic imaging by the EANM Cardiovascular Committee and the European Council of Nuclear Cardiology. *Eur J Nucl Med Mol Imaging* 2010;37:1802-12.
14. Cerqueira MD, Weissman NJ, Dilsizian V, Jacobs AK, Kaul S, Laskey WK, et al. Standardized myocardial segmentation and nomenclature for tomographic imaging of the heart: A statement for healthcare professionals from the cardiac imaging Committee of the Council on clinical cardiology of the American Heart Association. *Circulation* 2002;105:539-42.
15. Songy B, Guernou M, Lussato D, Queneau M, Bonardel G, Grellier JF, et al. Feasibility of simultaneous dual isotope acquisition for myocardial perfusion imaging with a cadmium zinc telluride camera. *J Nucl Cardiol* 2020;27:737-47.
16. Erlandsson K, Kacperski K, van Gramberg D, Hutton BF. Performance evaluation of D-SPECT: A novel SPECT system for nuclear cardiology. *Phys Med Biol* 2009;54:2635-49.
17. Kobayashi M, Matsunari I, Nishi K, Mizutani A, Miyazaki Y, Ogai K, et al. Simultaneous acquisition of (99 m)Tc- and (123)I-labeled radiotracers using a preclinical SPECT scanner with CZT detectors. *Ann Nucl Med* 2016;30:263-71.
18. Blaire T, Bailliez A, Bouallegue FB, Bellevre D, Agostini D, Manrique A. Left ventricular function assessment using (123)I/(99m)Tc dual-isotope acquisition with two semi-conductor cadmium-zinc-telluride (CZT) cameras: A gated cardiac phantom study. *EJNMMI Phys.* 2016;3:27.
19. Estorch M, Carrio I, Berna L, Lopez-Pousa J, Torres G. Myocardial iodine-labeled metaiodobenzylguanidine 123 uptake relates to age. *J Nucl Cardiol* 1995;2:126-32.
20. Chen J, Garcia EV, Galt JR, Folks RD, Carrio I. Optimized acquisition and processing protocols for I-123 cardiac SPECT imaging. *J Nucl Cardiol* 2006;13:251-60.
21. Abdulghani M, Duell J, Smith M, Chen W, Bentzen SM, Asoglu R, et al. Global and regional myocardial innervation before and after ablation of drug-refractory ventricular tachycardia assessed with 123I-MIBG. *J Nucl Med* 2015;56:52S-55S.
22. Gimelli A, Liga R, Giorgetti A, Genovesi D, Marzullo P. Assessment of myocardial adrenergic innervation with a solid-state dedicated cardiac cadmium-zinc-telluride camera: First clinical experience. *Eur Heart J Cardiovasc Imaging* 2014;15:575-85.
23. D'estanque E, Hedon C, Lattuca B, Bourdon A, Benkiran M, Verd A, et al. Optimization of a simultaneous dual-isotope (201)Tl/(123)I-MIBG myocardial SPECT imaging protocol with a CZT camera for trigger zone assessment after myocardial infarction for routine clinical settings: Are delayed acquisition and scatter correction necessary? *J Nucl Cardiol* 2017;24:1361-9.
24. Kacperski K, Erlandsson K, Ben-Haim S, Hutton BF. Iterative deconvolution of simultaneous 99mTc and 201Tl projection data measured on a CdZnTe-based cardiac SPECT scanner. *Phys Med Biol* 2011;56:1397-414.
25. Agostini D, Carrio I, Verberne HJ. How to use myocardial 123IMIBG scintigraphy in chronic heart failure. *Eur J Nucl Med Mol Imaging* 2009;36:555-9.
26. Katoh S, Shishido T, Kutsuzawa D, Arimoto T, Netsu S, Funayama A, et al. Iodine-123-metaiodobenzylguanidine imaging can predict future cardiac events in heart failure patients with preserved ejection fraction. *Ann Nucl Med* 2010;24:679-86.
27. Simoes MV, Barthel P, Matsunari I, Nekolla SG, Schomig A, Schwaiger M, et al. Presence of sympathetically denervated but viable myocardium and its electrophysiologic correlates after early revascularised, acute myocardial infarction. *Eur Heart J* 2004;25:551-7.
28. Spinelli L, Petretta M, Cuocolo A, Nicolai E, Acampa W, Vicario L, et al. Prediction of recovery of left ventricular dysfunction after acute myocardial infarction: comparison between 99mTc-sestamibi cardiac tomography and low-dose dobutamine echocardiography. *J Nucl Med* 1999;40:1683-92.
29. Petretta M, Cuocolo A, Nicolai E, Acampa W, Salvatore M, Bonaduce D. Combined assessment of left ventricular function and rest-redistribution regional myocardial thallium-201 activity for prognostic evaluation of patients with chronic coronary artery disease and left ventricular dysfunction. *J Nucl Cardiol* 1998;5:378-86.
30. Seo M, Yamada T, Tamaki S, Watanabe T, Morita T, Furukawa Y, et al. Prognostic significance of cardiac I-123-metaiodobenzylguanidine imaging in patients with reduced, mid-range, and preserved left ventricular ejection fraction admitted for acute decompensated heart failure: a prospective study in Osaka Prefectural Acute Heart Failure Registry (OPAR). *Eur Heart J Cardiovasc Imaging* 2021;22:58-66.
31. Acampa W, Buechel RR, Gimelli A. Low dose in nuclear cardiology: state of the art in the era of new cadmium-zinc-telluride cameras. *Eur Heart J Cardiovasc Imaging* 2016;17:591-5.